

Patient Transplant
Guide



Welcome

Thank you for choosing OU Health Transplant Institute for your transplant care. We strive to provide you with the best patient experience during every visit. This means we will ensure that you stay informed about various treatment options and care management opportunities, and that you are provided extraordinary, compassionate and personalized service that meets your individual needs. From our physicians, nurses and administrative team, to our food service and housekeeping staff, we want to be aware of anything we can do to make your visit more pleasant and to help you feel at ease.

This informational manual is provided to answer some questions you may have while receiving care at OU Health Transplant Institute. Our key medical services are highlighted and include information about the hospital, various resources available to you, and maps and directions to OU Health Transplant Institute. We understand the change that a transplant will bring to your life, and the staff at OU Health Transplant Institute will do everything we can to support you through every opportunity and challenge throughout your transplant experience.

If you have any questions or concerns, please let our staff know. It is my sincere pleasure and honor to welcome you to OU Health Transplant Institute and thank you for allowing us to be part of your transplant experience.

Sincerely,

Dr. Narendra Reddy Battula, M.D.

When you come to the OU Health Transplant Institute, you can be confident in knowing that you are receiving the highest level of care. Every member of our multidisciplinary team, from our physicians and nurses, to our expertly trained transplant coordinators, are dedicated to providing you with extraordinary, compassionate and personalized service that meets your individual needs.

About OU Health

OU Health, including Oklahoma Children's Hospital OU Health is Oklahoma's largest and most comprehensive hospital. We provide a full range of hospital services for every patient, from the smallest neonate to the most critically ill senior.

OU Health is a comprehensive academic hospital which means we are a hospital that treats patients with the knowledge and skill on the forefront of new medical developments. Because OU Health physicians teach the physicians of tomorrow, they stay informed on the latest and most advanced procedures, treatments and medical knowledge. Our affiliated physicians are resources that other community doctors turn to when they need help with complicated diseases or injuries.

Many of our affiliated physicians are performing leading-edge research to discover or perfect new patient cures. Every day, they use the new treatments they have developed for your benefit.

About OU Health Transplant Institute

OU Health Transplant Institute is the comprehensive solid organ transplant service at Oklahoma Children's Hospital.

The team brings together Oklahoma's most experienced transplant team, with more than a half-century of combined experience in liver, pancreas and renal transplantation for adult and pediatric patients.

We believe that the close collaboration with an academic medical center provides a tremendous benefit to patients and has redefined how solid organ transplants are performed throughout the state and the region. Additionally, OU Health Transplant Institute has the only pediatric kidney program in the state of Oklahoma, and has complete access to all pediatric specialists and resources of Oklahoma Children's Hospital.

This close collaboration creates progressive patient care and advanced medical research that adds a new dimension to the transplant process.



Pre-Transplant Process

Your first visit to the OU Health Transplant Institute will be an education session that provides an overview of the transplant process. During your initial appointments, you will meet several members of our team who will guide you through some key steps in the evaluation process that include:



A pre-transplant coordinator will set up and inform you of all your tests and meetings. Several tests are included in the evaluation process, and your availability as well as your medical condition will determine how quickly the initial evaluation will be completed. Our staff will do everything we can to make your appointments as convenient as possible. Please understand that you may need to take some time off from work to get all tests complete.



A comprehensive financial assessment will be completed with you to determine your transplant related insurance benefits and to help calculate any out-of-pocket expenses you may incur for an organ transplant and for medications required before and after surgery.



Laboratory tests will be done in preparation for your organ match. These will include tests to determine blood type, genetic markers and antibodies. The exact tests required during the evaluation process are dependent on your medical history.



After you have completed the evaluation testing and appointments, your case is brought to a multidisciplinary review committee to determine if you can be added to our transplant waiting list.

We want to support you and your family throughout your transplant experience. We encourage you to ask questions about your treatment plan and discuss your schedule with your transplant coordinator. Your coordinator will inform you about any required tests, procedures, medications, and all elements of your transplant care.

Your Transplant Experience

Throughout the transplant process, you will receive educational materials informing you about treatment options and items specific to your care. Please read all materials and ask questions if there are any items that are unclear to you. No two transplants are the same, but your experience will most likely include the following:

Common Questions and Concerns

- The length of time spent on the waiting list varies for each patient. It can take months or even years to be matched and selected for transplant. During your waiting period, it is important to maintain your health and fitness and to ensure that your contact information is always current with OU Health Transplant Institute.
- If you move out of our service area, you can have your name and waiting list time transferred to a transplant center closer to your new residence.
- If you suffer from a major illness while on the waiting list, you will be put into an inactive category on the waiting list until you are once again healthy enough to undergo transplant. During periods of inactivity, you will not lose your waiting time.
- You can be listed at multiple transplant centers, but your insurance may not cover the costs associated with being listed at multiple facilities. Also, being on multiple lists does not guarantee that you will get transplanted any quicker. Contact your transplant coordinator regarding this process if you are interested.



What to Expect After Your Transplant

- Your transplant team will give you instructions following your surgery on everything from wound care and medication requirements, to timelines for when you can resume daily routines. If you or your family have any questions or concerns, you can ask your team at any time.
- Post operative clinic visits will be scheduled by your transplant coordinators. These appointments immediately following surgery may be quite frequent, but necessary to ensure your full recovery both physically and mentally.

Insurance and Financial Information

Even with insurance coverage, organ transplantation and associated medications can be costly. Our trained financial coordinator will review all your benefits with you and ensure you understand your financial obligations prior to transplant.

It is common to experience stress, sadness, or anxiety while waiting for an organ transplant. The OU Health Transplant Institute has a multidisciplinary team and the resources of the OU Health University of Oklahoma Medical Center and Oklahoma Children's Hospital OU Health to help you and your family throughout the transplant process.



Organ Matching Process and Waiting List

If you are selected to be a transplant candidate, you will be added to the national waiting list. This list is maintained by the United Network for Organ Sharing (UNOS). UNOS collects information through approved transplant centers and ensures that the national waiting list is up-to-date.

- Lifeshare is the organ procurement organization responsible for the state of Oklahoma. When an organ becomes available, Lifeshare will match suitable recipients with compatible donors.
- When a matching organ becomes available, the organ is usually offered to the transplant candidate who is in the most need at the time, or who has been on the waiting list the longest. If that patient is unable to be transplanted at that time, the next patient on the waiting list will be offered the organ.
- If you are ill and cannot accept the organ when it becomes available, you will not lose your spot on the waiting list.

Different Sources for Organs

The OU Health Transplant Institute accepts donated organs from deceased donors for all organ types, or from living donors for kidney transplants.

- Donated Organs are usually from donors who have suffered a brain injury or stroke, and are maintained on life support equipment and medications.
- Living Donors can donate a kidney to another person who is a match. Living Donors can be relatives, friends, or co-workers who are willing to share the gift of life through an organ donation.

If you have a living donor, you will have the option to schedule your transplant and avoid waiting for an organ on the UNOS waiting list.

- Paired Donation matches an incompatible donor/recipient pair to another in the same situation. So if you and your living donor aren't a match, you may still be able to participate in a living donor process. OU Health Transplant Institute can provide more information upon request.

Services For You And Your Family

Chaplains

The Chaplains provide a wide and varied scope of service to and for patients, their families and hospital employees. Recognizing the stress and anxiety that often accompanies a hospital admission, Chaplains are available to patients and their families for support and affirmation. They are sensitive to the individual's cultural and spiritual traditions and needs. They provide devotional material upon request, as well as prayer, communion and baptism.

Food and Beverages

The Oklahoma Children's Hospital Cafeteria is located on the first floor of hospital near the main elevators and Gift Shop.

The OU Health University of Oklahoma Medical Center Cafeteria is located on the first floor of the medical center near the elevator bank.

Automatic Teller Machine (ATM)

ATMs are located throughout the campus. For both Oklahoma Children's Hospital and the University of Oklahoma Medical Center, ATMs can be found conveniently located near the both cafeterias.

Internet

Wireless internet is available throughout the entire OU Health Campus should you or your family bring a wireless device to use during your visit.

Ronald McDonald House

Ronald McDonald House Charities of Oklahoma City benefits children by providing a 'home away from home' for families with seriously ill or injured children receiving medical treatment in the Oklahoma City area. For questions specific to the Ronald McDonald House, please call (405) 424-6874.

Navigating Our Campus

Parking Information

Valet Parking is complimentary at OU Health Transplant Institute, University of Oklahoma Medical Center, and Oklahoma Children's Hospital. For your convenience, valet parking is recommended at OU Health Transplant Institute.

OU Health Transplant Institute

Valet Parking is available on N.E. 13th Street at the main entrance of OU Health Transplant Institute. An attendant is on duty to receive cars from 8 a.m. to 5 p.m.

Oklahoma Children's Hospital OU Health

Valet Parking is available on at the main entrance located at 1200 N. Children's Ave., outside the Atrium at Oklahoma Children's Hospital. An attendant is on duty to receive cars from 7:30 a.m. to 8 p.m. Self-parking at Oklahoma Children's Hospital is available 24 hours a day. The entrance to Oklahoma Children's Hospital Parking Garage is located on the west side of the parking garage along N. Children's Avenue (formerly N. Phillips Avenue.)

OU Health University of Oklahoma Medical Center

Valet Parking is available at the main entrance located at 700 N.E. 13th Street (corner of N.E. 13th Street and Lincoln Blvd.). An attendant is on duty to receive cars from 7:30 a.m. to 8 p.m.

Self-parking at the OU Health is available 24 hours a day. Additional parking is available in the University of Oklahoma Medical Center main parking garage located just east of the hospital. The entrance to the main parking garage is located on the west side of the parking garage along Saunders Drive which is between the hospital and main parking garage.



Map Legend: ■ Patient Care ■ Parking ■ Entrances

FROM THE NORTH

From I-235N/US-77N, take the University of Oklahoma Health Sciences Center Exit 1-D (second exit on the right), which becomes Lincoln Boulevard.

Continue north to N.E. 13th Street and turn right.

Continue east on N.E. 13th Street past Children's Ave. (formerly Phillips Ave.) to the bottom of the hill. OU Health Transplant Institute and Valet parking will be on your right

To go to OU Health Medical Center: After you turn onto N.E. 13th Street, go one block and turn right on J.B. Saunders Avenue. The entrance to the parking garage is on the left.

OU Health Medical Center is west of the parking garage.

FROM THE SOUTH

From I-235S/US-77S, take the Oklahoma Health Center/ University of Oklahoma Health Sciences Center Exit 1-G to N.E. 10th Street.

Turn left on N.E. 10th Street.

Turn left on Lincoln.

Go to N.E. 13th Street and turn right.

Continue east on N.E. 13th Street past Children's Ave. (formerly Phillips Ave.) to the bottom of the hill. OU Health Transplant Institute and Valet parking will be on your right

To go to OU Health Medical Center: After you turn onto N.E. 13th street, go one block and turn right on J.B. Saunders Avenue. The entrance to the parking garage is on the left.

OU Health Medical Center is west of the parking garage.

FROM THE EAST

From I-40 East, take the Oklahoma Health Center Exit 151-C. This puts you on I-235.

Next, take the University of Oklahoma Health Sciences Center Exit 1-D (second exit on the right), which becomes Lincoln Boulevard.

Continue north to N.E. 13th Street and turn right.

Continue east on N.E. 13th street past Children's Ave. (formerly Phillips Ave.) to the bottom of the hill. The Transplant Institute and Valet parking will be on your right

To go to OU Health Medical Center: After you turn onto N.E. 13th street, go one block and turn right on J.B. Saunders Avenue. The entrance to the parking garage is on the left.

OU Health Medical Center is west of the parking garage.

FROM THE WEST

From I-40 West, take the Oklahoma Health Center Exit 126 onto I-235.

Next, take the University of Oklahoma Health Sciences Center Exit 1-D (second exit on the right), which becomes Lincoln Boulevard.

Continue north to N.E. 13th Street and turn right.

Continue east on N.E. 13th Street past Children's Ave. (formerly Phillips Ave.) to the bottom of the hill. The Transplant Institute and Valet parking will be on your right

To go to OU Medical Center: After you turn onto N.E. 13th Street, go one block and turn right on J.B. Saunders Avenue. The entrance to the parking garage is on the left.

OU Health Medical Center is west of the parking garage.

notes



CONTACT INFORMATION

If you have any questions, please contact your assigned coordinator or OU Health Transplant Institute.

920 N.E. 13th St.
Oklahoma City, OK 73104
(405) 271-7498

