



OU Health | Stephenson
Cancer Center
The UNIVERSITY of OKLAHOMA

MOBILE LUNG SCREENING UNIT
Host in Your Community



To host the Mobile Lung Screening Unit,
email mobilelungcoach@ou.edu or (572) 244-LUNG.

The OU Health Stephenson Cancer Center Mobile Lung Cancer Screening

program brings lung cancer screening directly to communities across Oklahoma. The main objective is to make it easier for more Oklahomans to receive potentially life-saving lung cancer screenings. While early detection through screening can identify lung cancer at more treatable stages, many individuals who qualify have not yet taken advantage of this important, quick, and simple low-dose CT scan.

In Oklahoma, the rate of lung cancer screening remains low, which means too many people are diagnosed with advanced, harder-to-treat disease. Equipped with advanced screening technology, the mobile unit travels throughout the state to provide vital access to lung cancer screening — especially for medically underserved and diverse populations who need it most.



Who is eligible for lung cancer screening?

Individuals who meet ALL of the following:

- Ages 50–80
- 20+ pack-year smoking history (years smoked × packs per day)
- Current smoker OR quit within the past 15 years

Additional requirements:

- No chest CT or PET/CT in past 12 months
- Not undergoing cancer treatment or surveillance within 5 years
- No recent upper respiratory illness (within 4–6 weeks)

Note: Screening criteria apply to combustible tobacco use only (not vaping or cannabis). Patients should be prepared to provide a detailed cigarette smoking and health history.

Types of Mobile Screening Events

You may choose to host an event that is:

- Organized by your group and limited to your patients or employees.
- Open to the public, allowing anyone to schedule attendance.

If you are a healthcare organization hosting the event, you can choose to conduct Shared Decision-Making Appointments or have OU Health host these via telehealth for your patients.

When patients are scheduled, we will arrange a pre-visit appointment with one of our providers. This appointment, known as a Shared Decision-Making appointment, is a dedicated time for you and your healthcare provider to discuss the benefits and risks of lung cancer screening, review your health and smoking history, and decide together whether screening is right for you based on your individual needs and preferences.

EVENT TYPE	MARKETING RESPONSIBILITY	APPOINTMENT SCHEDULING	SHARED DECISION-MAKING
HOSPITAL/CLINIC	You will market to your existing patients.	You will schedule appointments and communicate the appointments to our LCS coordinator.	You will conduct the Shared Decision-Making Appointments.
BUSINESS/ORGANIZATION	You will market to your community.	You will schedule appointments and communicate the appointments to our LCS coordinator.	OU Health will conduct the Shared Decision-Making appointments.
COMMUNITY EVENT	OU Health and you will market to your community.	Individuals will call the OU Health Mobile Unit to schedule.	OU Health will conduct the Shared Decision-Making appointments.

Lung Coach Screening and CT Scan Process

Step 1: Pre-Screening

Interested patients can receive a covered screening if they meet US Preventative Task Force qualifications.

Qualifying criteria:

- Ages 50–80
- 20+ pack-year smoking history (years smoked × packs per day)
- Current smoker OR quit within the past 15 years
- No chest CT or PET/CT in past 12 months
- Not undergoing cancer treatment or surveillance within 5 years
- No recent upper respiratory illness (within 4–6 weeks)

Step 2: Shared Decision-Making (SDM)

Eligible patients then complete shared decision-making appointment with a physician or advanced practice provider. If OU Health advanced practice provider is conducting SDM, it will be via telehealth.

Step 3: Write Referral

- Physician/APP writes and sends referral for low dose CT.
- Referrals are due to OU Health no later than 11 days before the screening day.

Step 4: CT Ordered and Scheduled for Screening Day

- OU Health processes referrals, orders CTs, & handles billing insurance authorizations.
- OU Health schedules patient to receive it in a 10-15 minute appointment on screening day.

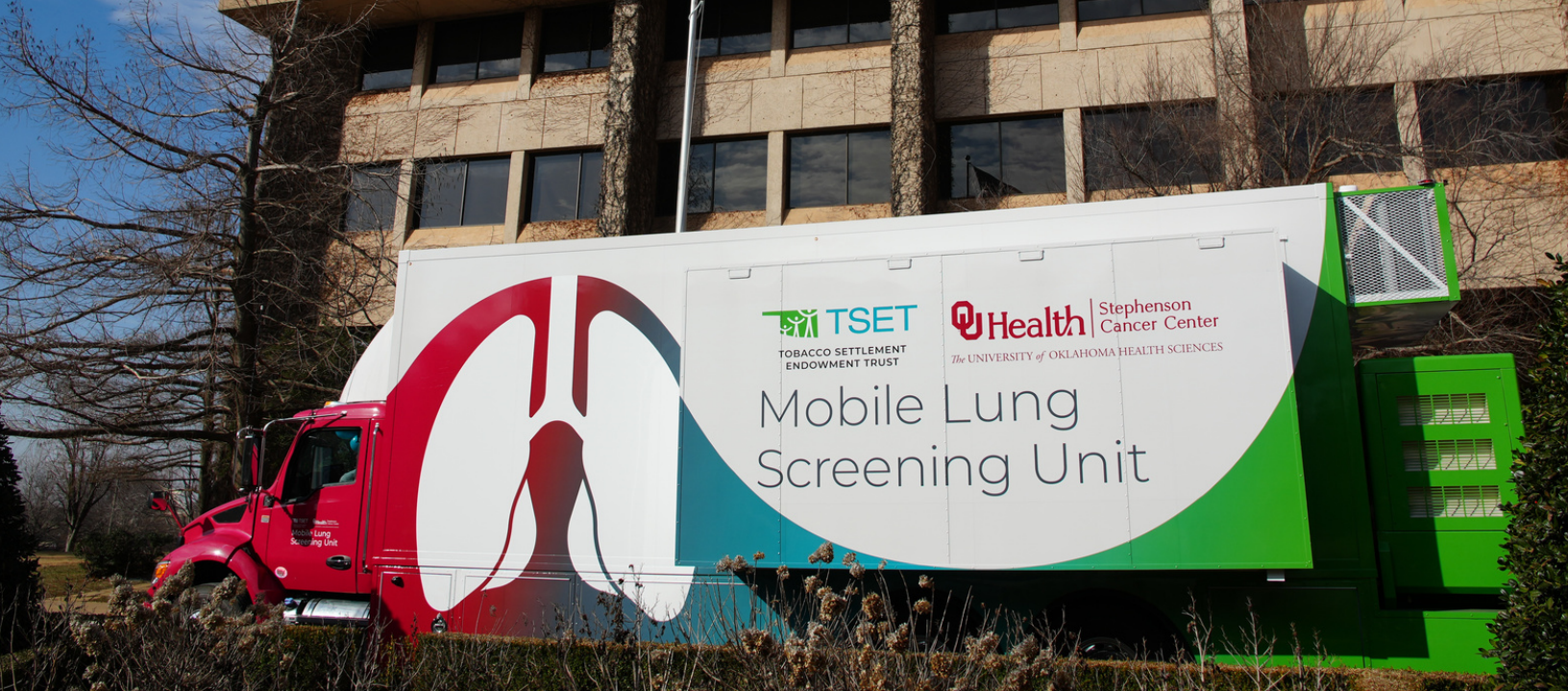
Step 5: Follow Up (After Screening Day)

- Results are read and delivered to the provider of care (either facility physician and/or OU Health APP). Patient receives follow-up from provider of care; assisting entity (OU Health/facility physician) aids in care navigation and resourcing.

The above can be done in one of two different ways. Basically, the process can be led by your facility, with steps 1, 2, and 3 completed by your team, and steps 4 and 5 completed by OU Health. The other option is that OU Health takes the lead in the process, with steps 2-5 completed by OU Health. Step 1 can still be a bit of a collaborative effort, depending on how the facility teams decide to approach it. See below for a more concise flow chart of each model.

OU Health-Led Model	Clinic-Led Model
Before on-site screening day 1. OU Health pre-screens potentially qualified patients 2. APP provides SDM (via Telehealth) 3. APP writes & sends LDCT referral 4. OU Health schedules patient for LDCT	Before on-site screening day 1. Clinic pre-screens 2. Completes SDM 3. Writes & send LDCT referral 4. OU Health schedules patient for LDCT
After patient receives screening at site 5. OU Health/APP receives results; leads follow-up. Clinic helps to aid in this process.	After patient receives screening at site 5. Clinic receives results; leads follow-up and navigation. OU Health helps aid in this process.
Both models allow for about 25-30 appointments in a full day (7:30 a.m. - 4 p.m.)	

Because of the Shared Decision-Making process and referrals, we encourage appointments to be made in advance. Walk-in appointments are not discouraged, but may result in a prolonged experience. Please encourage advance appointment scheduling for your event.



Fees

No fees are associated with hosting a screening event. There may be fees associated for individual screenings. Please read below.

Screening Costs

Both Medicare and SoonerCare (Oklahoma Medicaid) cover screenings at no cost for qualifying patients. Prior authorization requirements for Sooner Select Managed Care Plans vary by health plan and should be verified before scheduling a low-dose CT scan. Most commercial plans cover screening, though coverage is not guaranteed — you may still have a deductible, or some insurance policies might not include it as preventive care. Pre-authorizations may also be necessary with commercial insurance.

For patients who are uninsured or underinsured, there is a discounted self-pay rate through OU Health, totaling \$75 (\$50 for the screening and \$25 for Shared Decision-Making).

Scheduling Your Event

For optimal planning, it is recommended to schedule unit visits at least three months in advance for new events and two months ahead for established sites, ensuring sufficient time for promotion and coordination.

Email mobilelungcoach@ou.edu or call (572) 244-LUNG for further details and schedule availability.

When scheduling your Mobile Lung Screening Unit visit, be sure to inquire about OU Health's Mobile Mammography Coach. Both units are available for on-site visits.

Event & Logistics

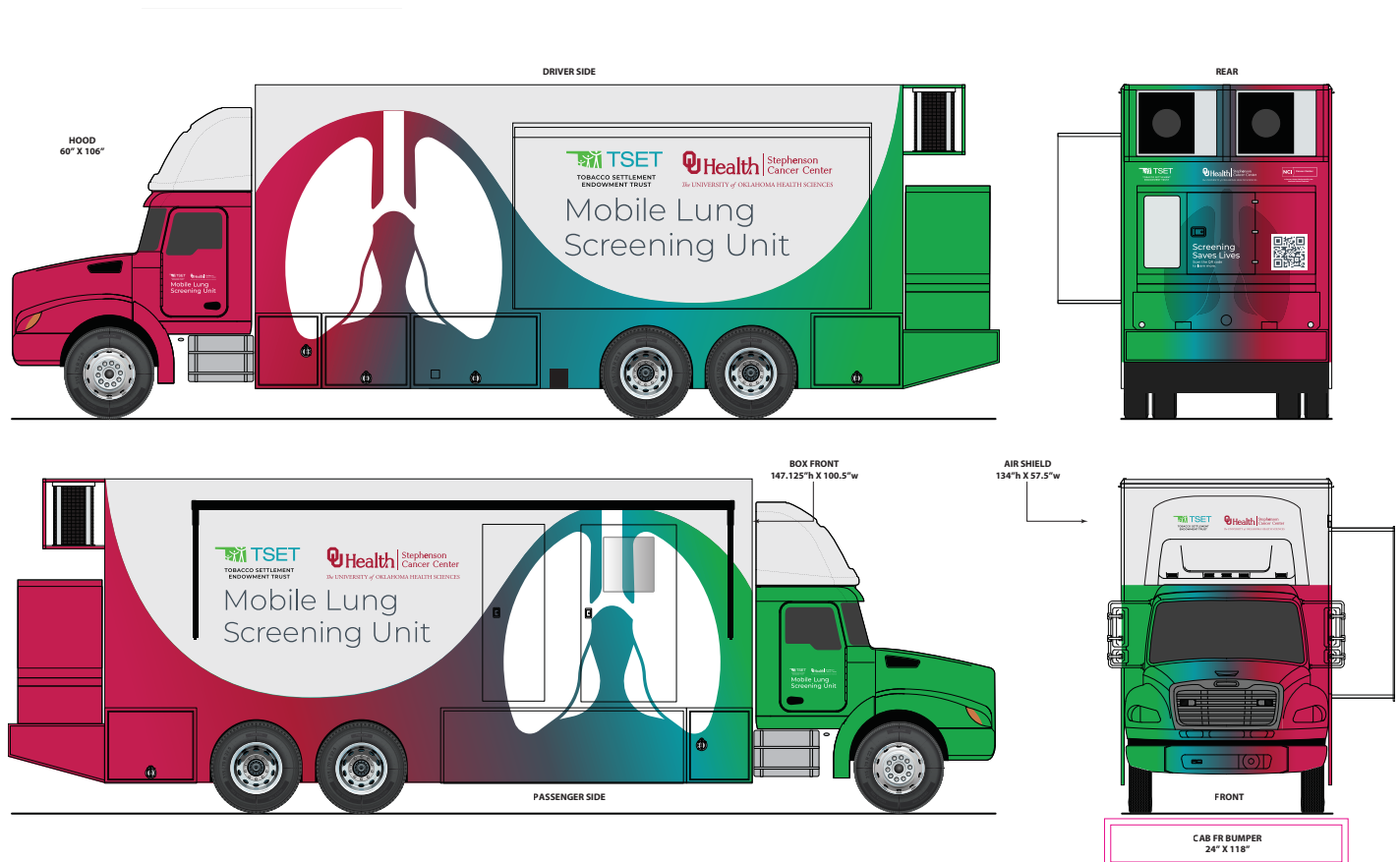
- Appointments begin as early as 7:30 a.m. and are scheduled in 15-20 minute increments. The last appointment is at 3:30 p.m.
- Weekend events are reviewed and approved as needed, depending on staffing.
- Our mobile unit travels with a generator and does not require a power source from the event location.

Accessibility

- There is limited accessibility with the mobile unit as there is no ramp. Individuals must be able to walk up three steps.
- The individual weight limit is 400 lb.
- There is no bathroom on the bus.
- If we plan to do shared decision making on site, we'll need access to a space indoors.

Where the Mobile Unit Parks

- Our mobile unit requires a flat, paved surface.
- No tree branches/electrical wires/low power lines
- Our mobile unit is 40 x 8 ft.
- Sharp turns cannot be made.
- Driver reserves the right to change parking position as needed for feasibility and safety.



Event Timeline

Initial Step

1. Complete an event request form. A team member will contact you within 2 weeks.
2. Identify internal members at your organization who will assist in planning
3. Please complete this step at least 3 months in advance

Two Months Prior

- Begin promoting event, in coordination with the OU Health team, within your organization
- Examples: save the dates, flyers, email blasts, text blasts, social media

One Month Prior

- Continue event promotion
- Send out reminders
- Confirm parking location with Mobile Unit Program Director
- Review schedule volume with Mobile Unit Program Director and Patient Care Navigator to determine if further outreach support is needed

One to Two Weeks Prior

- Send out reminders

Day of

- Review schedule with Patient Care Navigator to facilitate any last-minute changes, if needed
- Promote on social media and/or other outlets

Post Screening Event

- Schedule any future events
- Address questions, concerns, and/or future needs with the Mobile Unit Program Director



Frequently Asked Questions

If a person has already quit smoking, should they get screened?

Yes. Quitting smoking is an important step for your health. But if you still fit the guidelines, it's a good idea to keep up with screening.

What happens during a lung cancer screening?

Lung cancer screening is a low-dose CT scan. It's like getting an x-ray, but the images are much better. The scan takes less than 30 seconds, is safe, easy and painless!

Wear loose, comfortable clothing to the appointment. Patients will be asked to remove any item that contains metal (including jewelry, eyeglasses, dentures and hairpins) because metal objects may affect the CT images. They may also be asked to remove hearing aids and removable dental work. Women may be asked to remove their bra due to metallic clasps.

How long does a lung cancer screening take?

The whole process lasts about 10 minutes!

How soon will patients get results?

Within a month, your information will be sent to the provider providing care.

If patients need follow-up care, what do they do?

If their scan finds anything abnormal, they'll have trusted experts to guide them through their next steps. Whether they need simple monitoring, minimally invasive procedures such as bronchoscopy or biopsy, or a treatment plan, OU Health will work with your PCP to provide the right care.

How often do eligible patients need to get screened?

It's recommended that those who meet the criteria get screened once per year.

How many patients can be screened in one day?

Our mobile unit can see between 20-30 patients in one day for lung cancer screening.

Is there a minimum number of patients required?

We prefer at least 10 patients scheduled but will attend the event even if that number is not met.

Are there smoking cessation programs available?

The Tobacco Quitline has supported millions in quitting tobacco and vaping, offering evidence-based services to state quitlines, health plans, employer groups, and healthcare facilities for their members, employees, and patients.

Is lung screening covered by insurance?

Most insurance plans, including Medicare and SoonerCare, cover lung cancer screening for eligible patients. Some plans may require prior authorization, and out-of-pocket costs may apply depending on your coverage. We recommend checking with your insurance provider before scheduling your screening.

What about uninsured patients?

Uninsured or underinsured patients will need to pay an out-of-pocket fee of \$75. This is OU Health's discounted self-pay rate, which includes \$50 for screening and \$25 for Shared Decision-Making (SDM).





Host the Mobile Lung Screening Unit

Email: mobilelungcoach@ou.edu

Phone: (572) 244-LUNG

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