

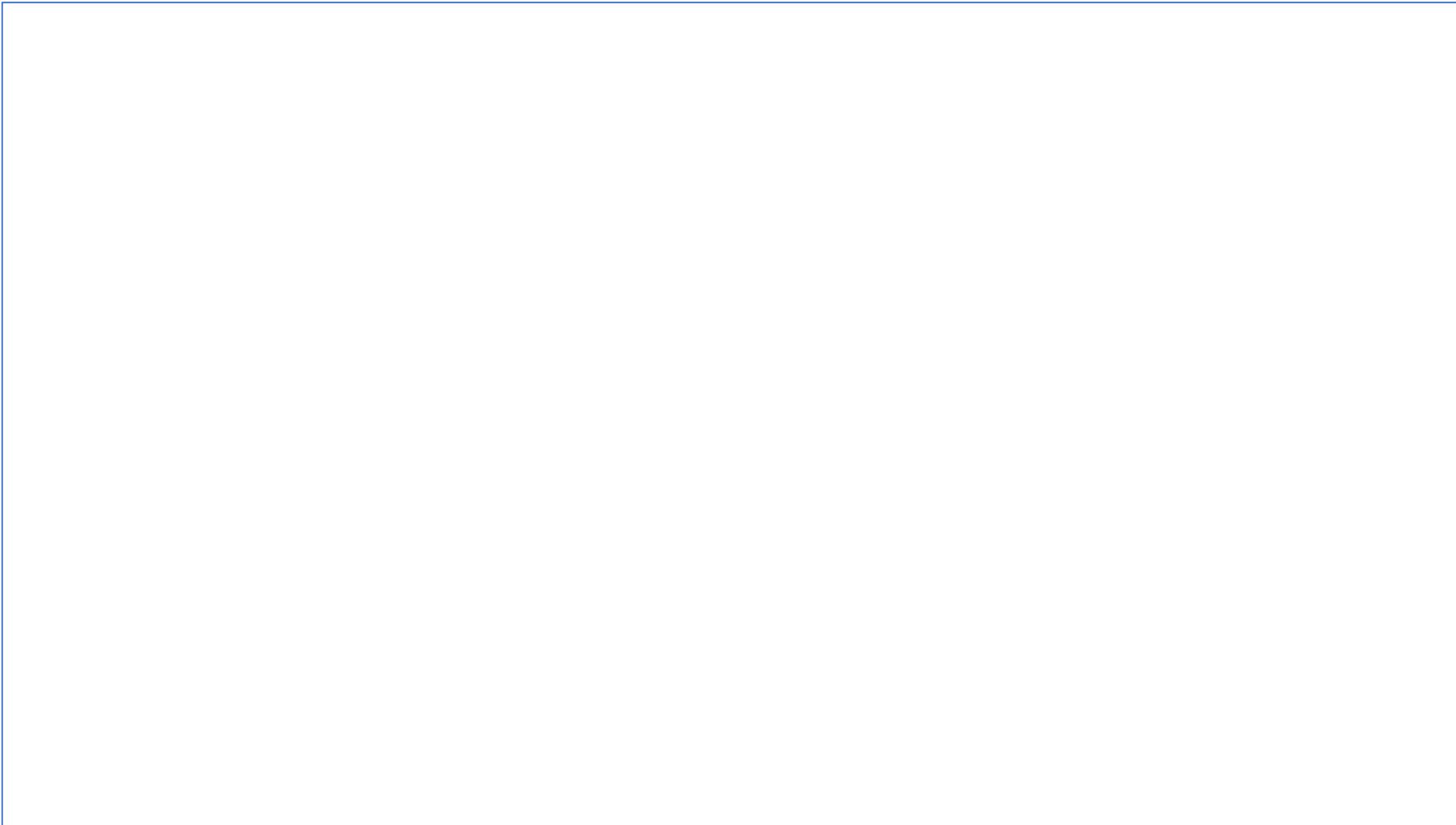


**Aging  
OUR  
Way**  
OKLAHOMA

# Aging Our Way Oklahoma



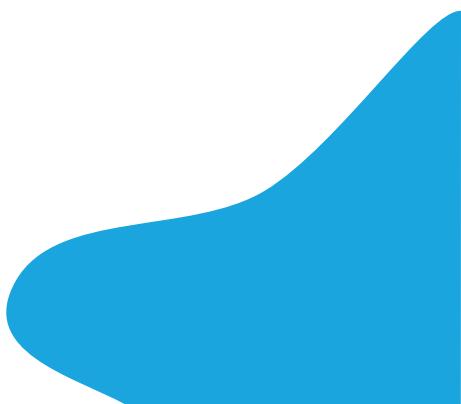
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# What we'll cover today

- Our Changing Population**
- Aging Our Way Oklahoma**
- What You Can Do**





# Our Changing Population





# Our Demographics are Changing

## DID YOU KNOW?

The population of older Oklahomans is projected to **increase by 21.3%** by 2034.<sup>1</sup>

### Oklahomans 65 and Over<sup>2</sup>



1. Data Source: U.S. Census Bureau, 2019

2. Data Source: U.S. Census Bureau, 2023



# Oklahomans Need More Aging Support

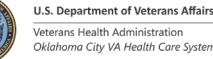
In a recent survey, Oklahomans reported their biggest aging challenges as:

Affording care for themselves after retirement

Access to affordable housing

Understanding of and access to available resources

# Working Together Across the State



Diakonos Group



ELCA  
Our Lord's Lutheran, Norman





# About Aging Our Way Oklahoma

# The Plan Focuses on 10 Key Areas





# A Look at Each Focus Area

**Availability and  
Affordability of  
Services,  
Programs and  
Resources**

**Accountability,  
Coordination  
and Fiscal  
Transparency**

**Housing**

**Transportation**

**Age-Friendly  
Communities**



# A Look at Each Focus Area

**Culture Change  
and Education**

**Wellness**

**Social  
Connection**

**Unpaid  
Caregivers**

**Workforce**



# What You Can Do



# Plan for Aging Your Own Way

## Age Your Way:

- ✓ We are all aging - take steps now to prepare (more information coming on [Oklahoma.gov/aging](http://Oklahoma.gov/aging))
- ✓ Consider what aging your way means to you
- ✓ Many of us are - or will be - caregivers to loved ones. Plan ahead to ensure everyone's needs are met.

## Help Others Prepare:

- ✓ Talk to your loved ones about what *aging your way* means for them



# Be an Aging Our Way Ambassador





# Oklahoma.gov/Aging





# Thank You!