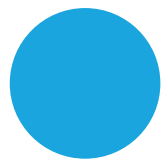
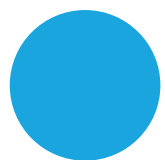
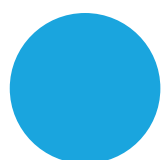


Aging Our Way Oklahoma





What we'll cover today

-  Our Changing Population
-  Aging Our Way Oklahoma
-  What You Can Do



Our Changing Population

Our Demographics are Changing

DID YOU KNOW?

The population of older Oklahomans is projected to **increase by 21.3%** by 2034.¹

Oklahomans 65 and Over²



1. Data Source: U.S. Census Bureau, 2019

2. Data Source: U.S. Census Bureau, 2023



Oklahomans Need More Aging Support

In a recent survey, Oklahomans reported their biggest aging challenges as:

**Affording care for
themselves after
retirement**

**Access to affordable
housing**

**Understanding of and
access to available
resources**

Working Together Across the State



About Aging Our Way Oklahoma

The Plan Focuses on 10 Key Areas



A Look at Each Focus Area

Availability and
Affordability of
Services,
Programs and
Resources

Accountability,
Coordination
and Fiscal
Transparency

Housing

Transportation

Age-Friendly
Communities





A Look at Each Focus Area

**Culture Change
and Education**

Wellness

**Social
Connection**

**Unpaid
Caregivers**

Workforce

What You Can Do



Plan for Aging Your Own Way

Age Your Way:

- ✓ We are all aging – take steps now to prepare (more information coming on [Oklahoma.gov/aging](https://oklahoma.gov/aging))
- ✓ Consider what aging your way means to you
- ✓ Many of us are – or will be – caregivers to loved ones. Plan ahead to ensure everyone's needs are met.

Help Others Prepare:

- ✓ Talk to your loved ones about what *aging your way* means for them



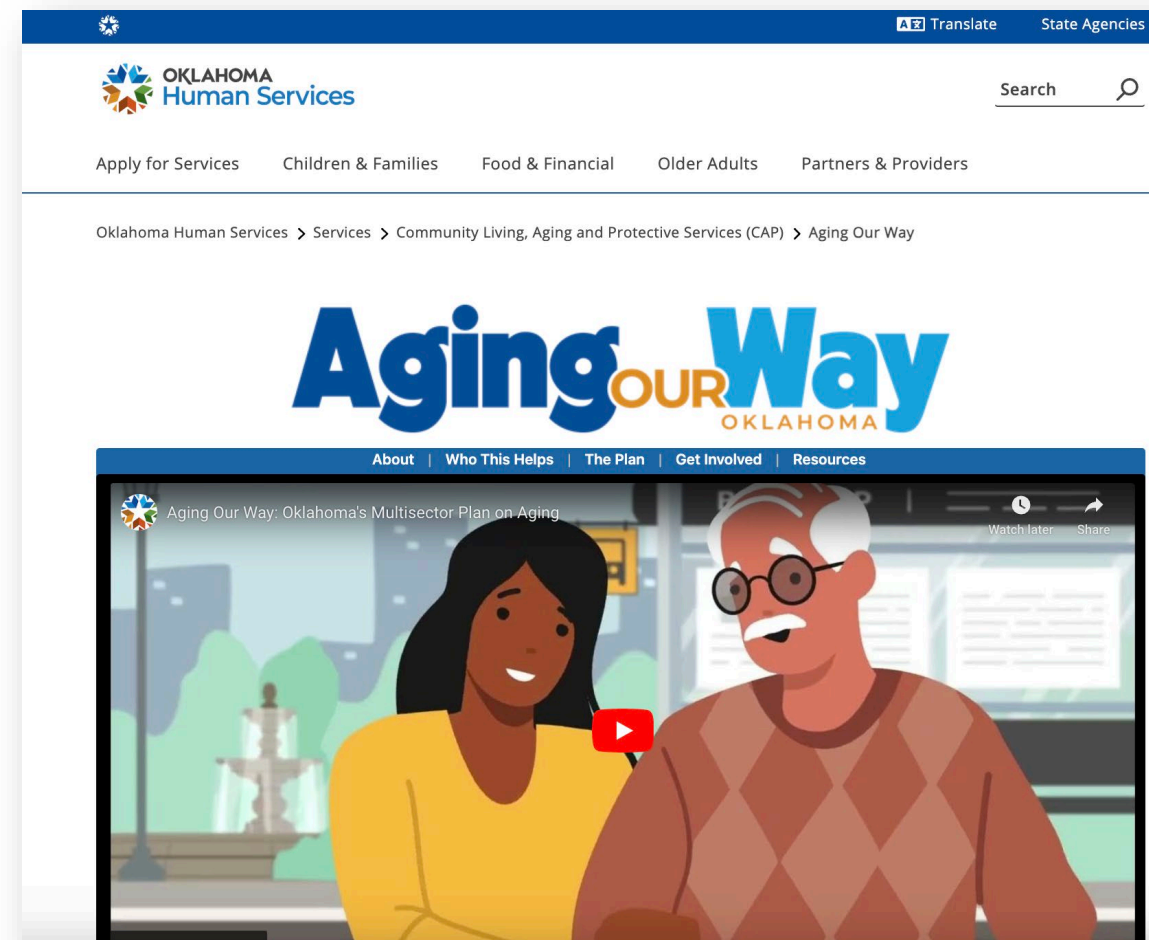


Be an Aging Our Way Ambassador





Oklahoma.gov/Aging





Thank You!