

# The 5 Star Rating, What Does It Mean For You?

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## 5 Star Rating Is Based On 3 Things

Health Inspections

Quality Measures

Staffing

Facility Requires At Least 2 Standard Surveys Or Is Considered Too  
New To Rate

Special Focus Facilities Have 3 Star Max

# Health Inspections

Higher Health Inspection Rating Linked To Lower 90 Day Mortality

Uses A Point System (Lower Is Better)

Points Based Off Last 3 Years

Recent Inspections Weighted More Heavily

# Health Inspections

Top 10% Are 5 Star

Bottom 20% Are 1 Star

Middle 70% Are 2-4 Stars

# Quality Measures

Looks At 10 Quality Measures

7 Long Stay

3 Short Stay

# Quality Measures

ADL Decline-Long Stay

Mobility Decline-Long Stay

Catheter-Long Stay

Physical Restraints-Long Stay

UTI-Long Stay

High Risk Pressure Ulcers-Both

Moderate to Severe Pain-Both

Delirium-Short Stay

# Staffing Ratings

RN Hours Per Resident Per Day

Total Staffing Hours Per Resident Per Day

Only RN, LPN and CNA Included In Calculation

# Improving Your Health Inspection

Be Aware Of Happenings In Your Facility

Work With Your Staff To Ensure A Positive Inspection

Vet Potential Employees For A Good Fit

Work To Have A Safe Environment

# Improving Your Quality Measures

Be Aware Of Residents Health Needs

Use Care Plan Meetings As A Tool

Be Proactive With Residents At Risk

Treat Pain As Needed

Utilize PT When Possible

# Improving Your Staffing

Be Aware Of Your Staffing

Staff According To Residents Needs Not Minimum

Consider Realistically How Much Time Your Residents Need

# Who Looks At The Star Ratings?

Consumers Looking For Placement

Insurers For Setting Up Service Network

Doctors and Nurses When Discharging

# Ombudsman Involvement

Ombudsman Bring Concerns That Can Affect You

Facility Issues That Affect Your Health Inspection

Staffing Issues That Affect You

Quality Issues That Affect You

# Ombudsman Recommendations

Encourage In Person Visits

Avoid Red Hand

Compare Multiple Facilities

Make Sure Your Visit Is Unannounced

5 Star Does Not Always Mean Best For You

# Questions?

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