### **27th Oklahoma Child Abuse and Neglect Conference**

June 22-24, 2021



**Zonly Looman** 

### Presented by:

Center on Child Abuse and Neglect Developmental and Behavioral Pediatrics University of Oklahoma Health Sciences Center

### **Co-Sponsors**

Oklahoma Advisory Task Force on Child Abuse and Neglect
Oklahoma State Department of Health

### **Brochure Contents**

Schedule at a Glance	1
Conference Objectives	2
Co-Sponsors	2
Continuing Education	3
June 22nd - Institutes	4-5
Plenary Agenda	6
June 23rd Session A1 - A5	7
June 23rd Session B1 - B5	8 - 9
June 23rd Session C1 - C5	9 - 11
June 24th, Session D1 - D4	12
June 24th, Session E1 - E4	13
June 24th, Session F1 - F4	14
Conference Speakers	15-16

Thank you to our Planning Committee: Oklahoma Commission on Children and Youth, Oklahoma Juvenile Affairs, Oklahoma Lawyers for Children, Oklahoma Institute for Child Advocacy, Pott's Family Foundation, and Oklahoma State Department of Health.

# CONFERENCE SCHEDULE AT-A-GLANCE Tuesday, June 22, 2021— Institutes

 Institutes begin:
 9:00 am

 Break:
 10:30 am - 10:45 am

 Lunch:
 12:00 pm - 1:30 pm

 Institutes Resume:
 1:30 pm

 Break:
 2:30 pm - 2:45 pm

 Institutes end:
 4:00 pm

### Wednesday, June 23, 2021

Plenary	8:30 am - 10:15 am
Break	10:15 am -10:30 am
Session A	10:30 am -12:00 pm
Lunch	12:00 pm -1:30 pm
Session B	1:30 pm - 3:00 pm
Break	3:00 pm - 3:30 pm
Session C	3:30 pm - 5:00 pm

### Thursday, June 24, 2021

Session D	8:30 am -10:00 am
Break	10:00 am -10:30 am
Session E	10:30 am - 12:00 pm
Lunch	12:00 pm - 1:30 pm
Session F	1:30 pm - 3:00 pm

# WELCOME to the 27th Oklahoma Child Abuse and Neglect Conference

Our goal is to provide quality training on the latest research, best practices and to address the interdisciplinary needs of professionals who respond and provide services to children and families who are affected by child maltreatment.

### **Conference Objectives**

- 1. To provide information on different types of abuse, neglect and trauma to children and the effects on their development.
- 2. To learn current evidence-based practices in the areas of child maltreatment.
- 3. To recognize and be more aware of signs and symptoms of abuse, neglect, and substance abuse exposed children.
- 4. To raise awareness of the importance of cultural competencies in day-to-day activities.

### Thank you to our Co-Sponsors

Oklahoma Advisory Task Force on Child Abuse & Neglect



### Conference Information

### Registration

Registration can be completed here: Conference Registration link

### **Scholarships**

Thanks to our gracious sponsors we have a number of scholarships available. Please email matthew-rhoades@ouhsc.edu if you wish to complete a scholarship application

### **Continuing Education**

Credit is awarded on a discipline-by-discipline basis. Applications will be submitted for CLE, CLEET, LPC, LMFT, DHS, LSW and Psychology

### **Continuing Education Certificates**

An online evaluation survey must be completed to obtain your certificate of attendance. This link will be made available via the website once the conference has ended.

### **Handouts**

Documents and materials relating to the conference sessions will be made available at this link: <a href="https://www.ouhsc.edu/okcantraining">www.ouhsc.edu/okcantraining</a>. All materials received prior to the conference date will be posted on the website.

### **Exhibitors**

Due to the virtual nature of this year's conference we will not be hosting exhibitors.

## Tuesday, June 22nd

9:00 am - 4:00 pm - Institutes

12:00 pm - 1:30 pm - lunch

# **How To Communicate About the Harms of Corporal Punishment With Communities of Color**

Stacie LeBlanc, JD, MEd, and Stacey Patton, PhD

The goal of this institute presentation is to examine the ways in which corporal punishment is discussed and regarded in black families and communities. It is designed to address the deeply rooted cultural attachment to physical discipline as an appropriate and effective parenting tool. The workshop incorporates some examples drawn from popular culture as well as African American history, sociological studies, news media, social networking, psychological research and personal testimonies. This workshop will connect the current conversation and controversy about physical discipline to the historical roots of plantation violence and post-slavery dynamics. All participants will gain new perspectives on the topic and increase their cultural awareness and sensitivity and share best parenting practices that do not involve physical punishment.

### Managing Secondary Traumatic Stress Through a Skills-Based Model: Components for Enhancing Clinician Experience and Reducing Trauma Susan Schmidt, PhD, Elizabeth Risch, PhD, and Amanda Mitten, MA

This institute will provide a thorough overview on the Components for Enhancing Clinician Experience and Reducing Trauma (CE-CERT) model. Developed by Dr. Brian Miller, CE-CERT is a skills-based approach to improving provider well-being and effectiveness in working with traumatized clients. Drawing from what is known about trauma impacts and treatment, CE-CERT posits that secondary traumatic stress is not developed in response to mere exposure to others' trauma stories, but occurs when feeling overwhelmed or helpless. This and other past assumptions of clinician impacts will be discussed. In contrast to self-care strategies that require the individual to engage in a restorative practice after-work, the CE-CERT model proposes micro -interventions done throughout the day. The five core components of CE-CERT: Experiential Engagement, Reducing Rumination, Conscious Narrative, Reducing Emotional Labor, and Parasympathetic Recovery, and the acquirable skills within each will be taught through both didactic and experiential activities.

### Tuesday, June 22nd

**Institutes Cont'd** 

Medical Child Abuse: A Global Concern

Catherine Ayoub, RN, EdD, Donna Boswell, LCSW, and Investigator Michael Weber, BS

Munchausen syndrome by proxy (MSBP) is a mental health problem in which a caregiver makes up or causes an illness or injury in a person under his or her care, such as a child, an elderly adult, or a person who has a disability. Because vulnerable people are the victims, MSBP is a form of child abuse or elder abuse. This institute will examine MSBP, it's causes and effects, and ongoing efforts to combat it. This panel presentation will consist of Dr. Catherine Ayoub, a licensed psychologist and nurse practitioner whose practice interests include the impact of childhood trauma; Detective Michael Weber of Tarrant County, Texas, who regularly provides training on how to investigate cases of Munchausen's Syndrome By Proxy; and Donna Boswell, a licensed clinical social worker from Tulsa whose work with the Child Impact Projects organization has highlighted the prevalence and harms of MSBP.

### **End of Day One**



## Wednesday, June 23rd

### Plenary Agenda

8:30 am

Welcome and Introduction Tricia D. Gardner, JD

## Plenary

### Let's Talk Honestly About Race and Corporal Punishment

Stacey Patton, Ph.D.

### **Announcements**

10:00 am—10:30 am Break

Attendees are expected to participate in all virtual conference sessions and institutes via the chat box, direct discussion with the presenter (when requested), and in breakout discussions. Please enable your video feed during the sessions (and audio when necessary).

Thank you!

### Wednesday, June 23rd

#### 10:30 am—12:00 pm

#### A1 - Tips and Tools When Working With Parents Who Have Disabilities Lisa Simmons, BS

This session will introduce the Oklahoma Communication Support Project and how it can assist parents with disabilities to understand and be understood in child welfare meetings and court proceedings. Resources where parent educators can find adapted materials to use with parents who have disabilities will also be shared.

## $\mathbf{A2}$ - $\mathbf{2021}$ legislative actions on child well-being and upcoming interim studies

#### Joe Dorman, BA

This workshop will provide a review of proposed legislation regarding child well-being in the 2021 legislative session, along with final action of specific bills. In addition, the discussion will look at upcoming legislative interim studies revolving around children's policy. The conversation will also include a discussion of how to be a better advocate in state policy work.

#### A3 - Ethical Dilemmas in Working with Adolescents and Their Families Claudette L. Grinnell-Davis, PhD, MS, MSW, MTS

Adolescents are a vulnerable population in many domains of practice; working with them requires sensitivity to adolescent development, adolescents' personal rights, and their legal status as dependents. Using the NASW Standards for the Practice of Social Work with Adolescents in comparison with other disciplines with which social workers interact, this ethics session will evaluate challenges in practice with adolescents to examine multidisciplinary tensions to work with this population.

# A4 - Know. Ask. Refer. Robyn Sears MS, CCPS, CFLE

Know the signs to watch for by knowing basic developmental milestones, behaviors and resources. Ask questions of parents, guardians, professionals, and children to gain more information. Refer for more services when needed.



### Wednesday, June 23rd

### 10:30 am—12:30 pm cont'd

## **A5** - Quality Matters:: Social Support Networks for Older Grandparent Caregivers

#### Tina L. Peterson, PhD, MSW, MPH, CSW

This session will report on research about the perception of social support networks in a diverse sample of older grandparents raising adolescent grandchildren. Qualitative interviews (n=19) were conducted with grandparent caregivers ranging in age from 55 to 88 years from Alabama, Kentucky, and Oklahoma. Most grandparents were female (84%), Caucasian (52%) or African American (36%), married (57%), held guardianship (68%), and never attended a grandparent support group (68%). Grandparent caregivers relied more on social support from family (89%) and community-based groups/organizations (84%). Neighbors provided minimal (2%) social support. Many grandparents (84%) reported unmet needs in their caregiving role.. Attendees will be able to describe characteristics of older grandparents raising adolescent grandchildren, discuss social support networks among older grandparents raising adolescent grandchildren, and discuss best practice recommendations to enhance the quality of social support networks for this caregiving population

### 12:00 - 1:30 pm - Break for Lunch

# B1- Understanding the Trauma and Educational Implications for Oklahoma's Children of Incarcerated Parents Cheri Fuller, BA, MA

The trauma that the tens of thousands of Oklahoma children experience when their parents are arrested and incarcerated is significant and often overlooked. They suffer with anxiety, sadness and depression, nightmares, anger, guilt, and are subjected to bullying and ridicule at school. Often teachers don't understand the behaviors and don't have ways to help them. From her experience coaching hundreds of parents on how to interactively read to their children and address key emotional issues in a video that's filmed in prison and sent to their kids through OK Messages Project, she will present some actions and support we as adults and professionals can provide.

# **B2** - Sooner SUCCESS - Helping Oklahoma Caregivers *Aietah Stephens, MS*

Sooner SUCCESS is a program that helps families raising a child with special needs and the providers that support them. Attendees will learn more about how Sooner SUCCESS can help them, including local and statewide resources for families raising a child with special needs, discussion of programs that provide respite for caregivers, and learning about specific programs that support siblings.

## Wednesday, June 23rd

1:30 pm - 3:00 pm

#### B3 - The Science and Power of Hope Chan Hellman, PhD

Hope has emerged as one of the top protective factors leading to well-being across the life span. This seminar will present the science of Hope as a psychological strength in our ability to cope with traumatic experiences. In particular this presentation will summarize over a decade of research that show (1) hope predicts adaptive outcomes, (2) hope buffers the effects of adversity, and (3) hope can be influenced and sustained. Our recent research has shown hope as an important contributor to staff well-being, reduced stress and burnout which is especially relevant in these last several months. To that end, this presentation will help build a shared understand and common language across a multidisciplinary focus on well-being.

#### B4 - Through A Child's Eyes Jerry Moe, MA

Children have a unique perspective in viewing the world. While it's long been held that alcoholism and drug addiction are a family disease, there are relatively few opportunities for children to be an integral part of the healing process. Come learn about how children get impacted by addiction and how they see it in their families. More importantly, learn specific prevention strategies and messages which can make a real difference in their lives. There is much hope today for these kids.

## **B5** - Understanding and Addressing Implicit Bias in Primary Care and Prevention

Mike Stout, PhD

This session will provide an overview of research on implicit bias and primary prevention of child abuse and neglect, as well as evidence-based best practices for reducing implicit bias in primary prevention.

3:00 pm - 3:30 pm

Break



9

## Wednesday, June 23rd

3:00 pm—3:30 pm cont'd

#### C1 - "Safe Places, Safe Spaces": Creating Safe and Affirming Environments to Better Serve LGBTQ+ Youth Who Have Experienced Adversity and Trauma

Jimmy Widdifield, Jr., MA

Youth who are LGBTQ+ are significantly more at risk for experiencing adversity and trauma compared to their non-LGBTQ+ peers. Many of these youth do not reach out for help because they fear reprisal and incurring additional adversity and trauma. Fortunately, a growing number of professionals who serve youth are increasingly interested and engaged in helping LGBTQ+ youth and want training and resources to do so. This session will be interactively focused on how to use the National Child Traumatic Stress Network "Safe Places, Safe Places" materials to create welcoming and inclusive environments for LBGTQ+ youth and enhance the delivery and quality of services to these youth.

#### C2- Working and Engaging With Young People in 2021 Clifford Sipes

Participants will learn how to engage, help, and prepare children and youth when they are confronted with challenges that involve their mental health, personal development, and resilience. This presentation will go over what is good prevention and education for young people in topics related to their sexual development, mental health, and identity formation. This Presentation is for caregivers, family members, and any professional who works with children and their families who are interested in better engagement skills and tools.

#### C3 - Promoting Resiliency in Underserved Maternal Populations Su An Arnn Phipps PhD, RN Fran Trujillo, DNP, APRN, FNP-BC

Session participants will learn to recognize the importance of maternal mental health in parent-child-family interactions and the effects of maternal depression or other behavioral health conditions on child development. Discussion will focus on women's perceptions of behavioral/emotional health within their cultural context(s) to better understand how to assist women experiencing health issues. Participants will also discuss protective factors that contribute to underserved women's resilience and improvement of their behavioral health along with the identification of proactive practice to improve the mental health and resilience of underserved mothers, children and families.



10

## Wednesday, June 23rd

3:30 pm—5:00 pm cont'd

#### C4 - The Brain Talk: Using the Tenets of Neurobiology to Explain Challenging Behaviors and Enhance Trauma-Informed Care Julie Williamson, BA; Autumn Cooper, MBS, LPC, EIMH®-III

This session helps to give a practical, easily teachable, understanding of how human behavior is linked to brain development. The presentation explores what shapes our brains, including factors such as childhood trauma, temperament, and protective factors. Personal stories are woven throughout the scientific research to provide a well-rounded, informative yet entertaining, approach to keep the audience engaged. This results in a breakdown of stigma and enhancement of the experience of human connection. The "simple, yet profound" method of linking behavior to physiology can shift the perception of all humans throughout the life span.

#### C5 - Understanding ACEs- The NEAR Science Lana Beasley, PhD

The NEAR Science explores the Neurobiology, Epigenetics, Adverse Childhood Experiences (ACEs) Study and Resilience. We know that ACEs can increase risks of long-term physical, emotional and social disparities, however we also know that protective factors can support children, adults and families and decrease those risks. This training explores how life experiences impact our biological nervous system. It takes a deeper dive into the ACEs Study and how to interpret the results to find best fit practices to increase the Core Protective Factors of building capabilities, increasing attachment and belonging, and fostering the growth of community, culture and spirituality.

### **End of Day Two**



## Thursday, June 24th

8:30 am—10:00 am

#### D1 - LGBTQ+ Youth and the Juvenile Justice and Child Welfare Systems Jimmy Widdifield, Jr., MA

Youth who identify as LGBTQ+ are at risk for multiple adverse experiences and are overrepresented in the juvenile justice and child welfare systems. Further, when these youth demonstrate sexual behavior, either typical or concerning, they are often perceived as having problematic or illegal sexual behavior and then treated as if a risk to the safety of others and, thus, more likely to become involved in child serving systems. This presentation will present current information on LGBTQ+ youth and the juvenile justice and child welfare systems, and facilitate discussion to help professionals better serve these youth.

#### D2- Rethinking Ambivalence and Intimate Partner Violence Lauren Garder, MA, LPC

Ambivalence plays a strong role in the decisions victims of intimate partner violence make. Whether to leave, to testify, or to file a VPO, survivors are faced with difficult, complex safety options balanced with the dynamics of the intimate partner relationship. This session teaches a new approach to responding to ambivalence and addressing concern professionals hold for survivor physical safety. Participants will learn evidence-based models for conceptualizing survivor decision making and practical skills for responding to ambivalence. Additionally, advanced skills for trauma-informed conceptualization will be shared.

# D3- Trauma Informed Response to Human Trafficking Annie R. Smith, LMSW, MPH and Sara Gadd, MHS

This session is designed to enhance the competence of healthcare and behavioral health providers to identify and respond to victims of human trafficking. This session will cover the general scope of human trafficking, common trafficking language and terms, red flags and indicators of trafficking, and steps to provide appropriate assistance without further traumatization.

#### D4– From Risk to Resilience Jerry Moe, MA

Research suggests that children from families hurt by addiction are youth at risk. Here we'll focus on the core characteristics of resilience and add practical prevention applications for each. Let's help children build their strengths, reduce their risks, and pursue a life of health and wellness.

10:00 AM—10:30 AM

Break

### Thursday, June 24th

10:30 am—12:00 pm

#### E1 - Navigating those (really deep) MDT Potholes! Greg Flett, MSW

The road to a strong and effective MDT is filled with potholes. More often than not, those potholes take the shape of conflict, power struggles, and ethical dilemmas, leaving team members wondering whether they should speak up or keep quiet. This workshop will discuss some of the most common and challenging issues faced by MDT's and explore approaches for navigating potholes when they arise, as well as sharing strategies to help keep things running smoothly in the first place.

## E2 - Multi-Tiered Systems of Support: Meeting Students Where They Are Brittany Hayes, JD

This session will examine the current state MTSS in Oklahoma and how to expand the framework into a sustainable model for Oklahoma schools to meet the needs of their students. By the end of the session, attendees will have a working knowledge of MTSS in Oklahoma and the steps need to expand the framework across the state.

# E3 - Creating Nurturing Environments in Schools and Communities: The Oklahoma PAX Project

#### Chantelle Lott, M.S. & Tia Claybrook, M.S.

This workshop will provide an overview of the Oklahoma PAX Project. PAX is an environmental intervention that promotes peace, productivity, health, and happiness in classrooms, homes, and communities across the nation through targeting self-regulation. Oklahoma State University (OSU)'s Center for Family Resilience (CFR) provides implementation and evaluation support for PAX Oklahoma's schools and communities. In addition to an introduction to the school-based and community-based PAX programs, early outcome data from the Oklahoma PAX Project will be highlighted along with information for bringing PAX to your community.

### E4 - Gender Diverse Youth: Providing Care and Promoting Resilience Part A

#### Al Carlozzi, EdD; Shauna Lawlis, MD

There is a growing body of evidence that supportive, gender affirming care during childhood and adolescence can promote resilience and significantly improve the mental health and well-being of transgender and gender diverse youth (Keo-Meier & Ehrensaft, 2018). Mental health providers and others in close contact with such children and teens, such as parents, teachers, and members of faith communities, can play crucial roles in providing supportive, affirmative care (Carlozzi, 2017; Carlozzi & Choate, 2019). Resilience promoting care in the form of listening, allowing self-exploration and self-definition, mirroring, gender expansive play, empathy, cultural sensitivity, and advocacy/activism will be addressed in this presentation.

12:00 PM—1:30 PM

Lunch

## Thursday, June 24th, 2021

1:30 pm-3:00 pm

### F1 - Improving Critical Thinking and Decision Making in Child Maltreatment

#### Melissa Hakman, PhD

This workshop will help attendees strengthen their ability to apply critical thinking skills to their work on child maltreatment cases by improving their ability to gather and synthesize the right information to help in making the right decisions and solving problems as effectively as possible while avoiding common errors in reasoning which serve as obstacles to critical thinking.

#### **F2 - Stretching Your MDT Beyond Sexual Abuse**

#### Greg Flett, MSW, and Jimmy Widdifield, Jr., MA

Multidisciplinary Teams were founded in 1985 to address the complex issue of child sexual abuse. Thirty Five years later we are only just beginning to explore the full potential of MDTs and the model's capacity to offer a comprehensive response to an array of child victimizations. This workshop will discuss how MDTs can maximize the full value of a collaborative response when addressing different types of crimes impacting children and youth including physical abuse, witness to homicide, domestic violence, drug endangerment, bullying, and more.

#### F3 - Cultural Connections for Tribal Youth in Care Rita Hart, MSW, Myra Swager, MSW, Natalie Jones, and Claudette Grinnell-Davis, PhD, MS, MSW, MTS

This session will share the stories of Tribal Youth in care and the importance of cultivating collaborative relationships in their Tribal communities to support their transition into adulthood. Preliminary data indicate youth exiting care without support, end up homeless, incarcerated, or suicidal. Tribal CW programs have shared this is partly due to a lack of resources, ill equipped foster homes to address trauma, behavioral or psychological issues, sex trafficking, and a disconnect from culture, kin, and communities. The presentation will highlight strategies to provide culturally competent services, while establishing and strengthening tribal and state partnerships in a solution focused approach.

#### F4 - Gender Diverse Youth: Providing Care and Promoting Resilience Part B

#### Al Carlozzi, EdD; Shauna Lawlis, MD

Non-medical and medical interventions to assist transgender youth and adults in their gender transition will be presented and discussed, as well as the benefits and risks associated with each intervention. Suggestions for how mental health and other support providers can help promote well-being and resilience in transgender youth will be offered. Ample time for questions, answers, and discussion will be provided.

## Thursday, June 24th, 2021

### **End of Day Three**



Thank you! We look forward to seeing you April 13-15 for the 2022 Conference!

## Conference Speakers

Catherine Ayoub, RN, EdD

Boston Children's Hospital

Lana Beasley, PhD

**Potts Family Foundation** 

**Donna Boswell, LCSW** 

Child Impact Projects

Al Carlozzi, EdD

Oklahoma State University

Tia Claybrook, MS

Oklahoma State University

Autumn Cooper, MBS, LPC, EIMH®-III

Carter County Health Department

Joe Dorman, BA

Oklahoma Institute for Child Advocacy

**Greg Flett, MSW** 

National Children's Advocacy Center

Cheri Fuller, BA, MA

**OK Messages Project** 

Sara Gadd, MHS

Ascension St. John

Lauren Garder, MA, LPC

Oklahoma Department of Mental Health and Substance Abuse Services

Claudette L. Grinnell-Davis, PhD, MS, MSW, MTS

The University of Oklahoma Anne & Henry Zarrow School of Social Work Melissa Hakman, PhD

University of Oklahoma Health Sciences Center

Rita Hart, MSW

Capacity Building Center for

Tribes

**Brittany Hayes, JD** 

**Healthy Minds Policy** 

Initiative

Chan Hellman, PhD

University of Oklahoma Hope Research Center

**Natalie Jones** 

Youth Villages

Shauna Lawlis, MD

University of Oklahoma Children's Hospital

Stacie LeBlanc, JD, MEd

The Up Institute

Chantelle Lott, MS

Oklahoma State University

Amanda Mitten, MA

University of Oklahoma

Health Sciences Center

Jerry Moe, MA

Hazelden Betty Ford

Stacey Patton, PhD

The Up Institute

Su Ann Phipps, PhD, RN

Community Service Council

## Conference Speakers

Tina L. Peterson, PhD, MSW, MPH, CSW

The University of Oklahoma Anne & Henry Zarrow School of Social Work

Amanda Pollock, MEd, LPC

University of Oklahoma Health Sciences Center

Elizabeth Risch, PhD

University of Oklahoma Health Sciences Center

Susan Schmidt, PhD

University of Oklahoma Health Sciences Center

Robyn Sears, MS, CCPS, CFLE

University of Oklahoma Health Sciences Center

Lisa Simmons, BS

Sooner SUCCESS

**Clifford Sipes** 

Oklahoma Department of Mental Health and Substance Abuse Services

Annie R. Smith, LMSW, MPH

Ascension St. John

Aietah Stephens, MS

Sooner SUCCESS

Mike Stout, PhD

Oklahoma State University

Myra Swager, MSW

Oklahoma Department of Human Services

Fran Trujillo, DNP, APRN, FNP-BC

Tulsa Community Service Council

**Investigator Michael Weber, BS** 

Tarrant County, TX Sheriff's Office

Jimmy Widdifield Jr., MA

Oklahoma Commission on Children and Youth

Julie Williamson, BA

Carter County Health Department

Working together to prevent child maltreatment