

Leadership Practices and Behaviors to Support Teams

What is YOUR
Leadership Capacity?
Nursing Home In-Service

Your capacity to grow determines
your capacity to lead.

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LIKESUCCESS.com

CAPACITY

Communication

Attitude

Purpose

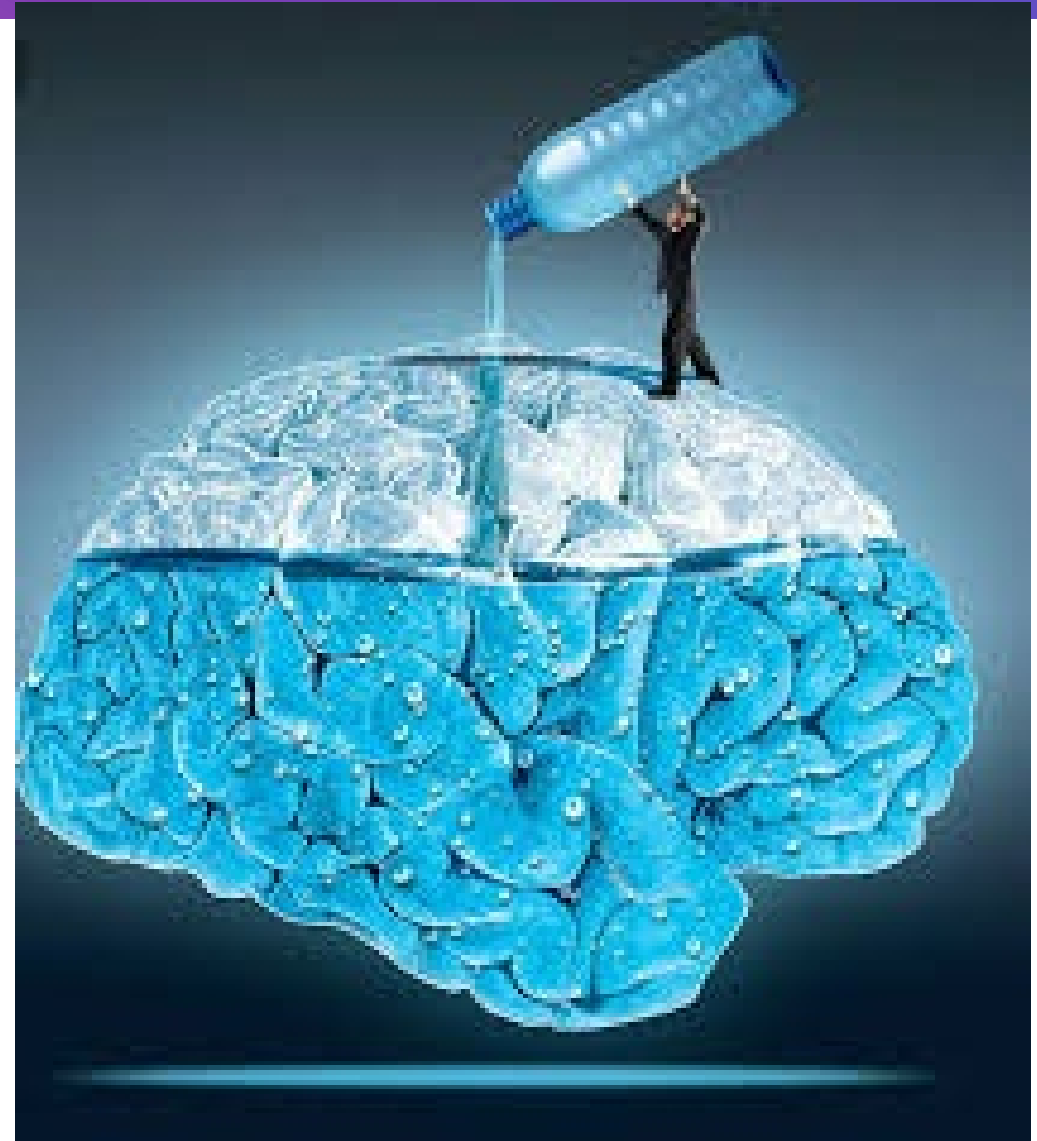
Authenticity

Connection

Intention

Trust

You!



Communication

It really comes down to 4 basic questions:

- What do I want them to see? People do what people see
- What do I want them to know? What we believe really matters
- What do I want them to feel? Our feelings dictate our actions
- What do I want them to do? Action steps of clear communication



Attitude

Adversity is prosperity to those who possess a great Attitude. Consider these questions:

Is your attitude positive or negative concerning this?

How does my attitude about this affect other people?

How could changing my attitude affect the outcome?

**Why am
I here?**





YOUR PURPOSE

YOUR VISION

YOUR VISION

YOUR VISION

GOALS

GOALS

GOALS

GOALS

GOALS

GOALS

GOALS

GOALS

GOALS

*“The two most
important
days in your **life**
are the day you
are born and
the day you find
out why.”*

Mark Twain

Authenticity



Who am I



Birth Certificate

This Certifies That

(Name)

was born to

(Mother)

and

(Father)

on _____

(Date)

at _____

(Time)

weight _____

(Weight)

length _____

(Length)

at _____

(Location)

in _____

(City)

(State)

(Signed)





Certificate of Authenticity

This Certificate Assures that this sculpture titled below is an original sculpture by

Sculptor

Specifications:

Title: _____

Year Created: _____

Size: Height _____ Width _____ Depth _____ Weight _____

Material: _____

Artist Trademark Stamp Identification: Yes - No (Circle one)

This Art work is a one-of-a-kind Original Sculpture, derived from my own observation, imagination, sketch or photograph. All Copyrights and Reproduction Rights are retained by sculptor _____. This sculpture may not be reproduced by any process or material without the expressed written permission of the artist.

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BEING AUTHENTIC

- Accept yourself for who you are
- Support your self-esteem
- Act on your personal beliefs and values
- Put time into personal growth
- Be fully present in whatever circumstances you find yourself
- Trust your intuition when it comes to behavior and relationships
- Express your thoughts and feelings
- Ask people for help when you need it

Connection

Everyone communicates, few connect By John Maxwell.

The basic requirements of connection are:

- Common Ground - People bond over common values and beliefs
- Authenticity - People can spot a fake a mile away
- Respect - You have to value people before you can ADD value to people
- Energy - Connecting requires effort, but you gain energy as well

- **INTENTION**

- DON'T JUST DO THE NEXT THING, BE INTENTIONAL ABOUT WHAT COMES NEXT AND WHERE YOU INVEST YOUR TIME. FOCUS ON:

- START SMALL BUT BELIEVE BIG: DAILY PROGRESS LEADS TO HUGE GAINS
- SEARCH UNTIL YOU FIND YOUR WHY: DISCOVER YOUR PURPOSE
- PUT OTHERS FIRST: ALWAYS ADD VALUE TO OTHERS
- CONNECT WITH LIKE-MINDED PEOPLE: DEVELOP VALUES-BASED PARTNERSHIPS WITH OTHERS

Trust

Trust is THE most important thing for a leader. It is the foundation and the glue that holds everything together. You have to build it:

- Over Time: Consistent effort, good decisions, and solid character
- Through actions: The Golden Rule - treating others how you want to be treated
- By walking the talk: Actions speak louder than words
- People matter: Cultures that don't put people first create fear

All of the things we have discussed today have one common denominator.....

....**You!** You have to take hold of what's been discussed, and you have to decide what to do from today forward. You have places to go, you can improve, you can do more, you can make a difference, it's up to you.

