

# DIABETES EDUCATION / MEDICAL NUTRITION THERAPY SERVICES

CERTIFICATE OF MEDICAL NECESSITY | OU Health Harold Hamm Diabetes Center - Adult Diabetes & Endocrinology

## PATIENT INFORMATION

Patient's Name \_\_\_\_\_ Male Female DOB \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

Zip \_\_\_\_\_ Phone (Day) \_\_\_\_\_ (Mobile) \_\_\_\_\_

## REQUIRED: Include all patient demographics above & copies of lab work, insurance & visit notes

Medicare definition of diabetes — Medicare coverage of DSMES and MNT requires the physician to provide documentation of a diagnosis of diabetes based on one of the following:

- a fasting blood sugar greater than or equal to 126 mg/dl on two different occasions
- a two-hour post-glucose challenge greater than or equal to 200 mg/dl on two different occasions
- a random glucose test over 200 mg/dl for a person with symptoms of uncontrolled diabetes

Diagnosis Code: \_\_\_\_\_

- Type 2 Diabetes       Type 1 Diabetes      Gestational Diabetes      Pre-Diabetes
- Pre-existing diabetes with pregnancy      Hypertension      Dyslipidemia
- Obesity      Renal Disease      Stroke      CHD
- Other: \_\_\_\_\_

## ORDERS

### Diabetes Self-Management Education & Support (DSMES) *Medicare covers DSMES; Medicaid does not.*

- Healthy eating    • Being active    • Taking medication    • Monitoring    • Problem solving    • Reducing risks    • Healthy coping
- Comprehensive plan includes diet, exercise, education, monitoring, group training and follow-up.*
- Group Classes (10 hours; Medicare covers once per lifetime)
- Individual Instruction or additional training (2 hours) *Please specify:* \_\_\_\_\_
- Insulin Management      Insulin Pump Therapy      Continuous Glucose Monitoring

### Medical Nutrition Therapy (MNT) *Medicare covers MNT per below. Medicaid covers MNT with a SoonerCare referral.*

- Initial MNT (3 hours)      Follow-up MNT (2 hours)

## SPECIAL NEEDS REQUIRING APPOINTMENTS AS INDIVIDUAL

Impaired vision/hearing    Language barrier    Learning disability    Impaired mental status    Additional insulin training

## REFERRING PHYSICIAN INFORMATION

\_\_\_\_\_  
PRINT physician's name

ⓧ \_\_\_\_\_  
Physician's signature      Date

NPI: \_\_\_\_\_

Phone: \_\_\_\_\_

\_\_\_\_\_  
PRINT ARNP/PA name

ⓧ \_\_\_\_\_  
ARNP/PA signature      Date

NPI: \_\_\_\_\_

Fax: \_\_\_\_\_