

# Diabetes Care Summit

Embassy Suites Downtown/Medical Center Location



Friday, August 26, 2022

# Diabetes Care Summit



*The latest clinical guidelines and best practices for physicians and educators*

Presented by Harold Hamm Diabetes Center at the University of Oklahoma

Co-sponsored by the Association of Diabetes Care & Education Specialists

FRIDAY, AUGUST 26, 2022

Embassy Suites | Downtown/Medical Center | Oklahoma City, OK

## COURSE OVERVIEW

A multi-disciplinary, wide-ranging activity, covering several core competencies and designed to optimize the care of patients with diabetes by providing the knowledge base and practical tools necessary to help improve patient outcomes.

The program seeks to provide an opportunity for the participant to interact and network with other diabetes professionals. The course combines best practice strategies and education through case studies and lectures. The Harold Hamm Diabetes Care Summit is a one-day course that focuses on the management of the patient with diabetes. It is designed to address the unmet educational needs of physicians, mid-level providers and diabetes educators including registered nurses, registered dietitians and pharmacists who have a diverse case mix that includes patients with diabetes. The purpose of this conference is to promote excellence in care, and provide up-to-date information to enhance knowledge integral to the effective management of diabetes. Needs were identified from attendee evaluations submitted at the 2021 Harold Hamm Diabetes Care Summit as well as up-to-date medical journals pertaining to research and publications related to the treatment of diabetes and its complications. This CME/CNE/CPE seminar is needed because of the explosion of diabetes in our country. The number of persons with diabetes is expected to more than triple by 2050. According to the 2020 National Diabetes Statistics Report from the CDC diabetes affects 34.2 million people of all ages, which is 10.5 percent of the US population. The Oklahoma State Department of Health also reports more than 14 percent prevalence of diabetes in Oklahoma among adults ages 18 and older. In 2021, Oklahoma ranks the fifth highest in diabetes mortality rate in the nation. Because of the size of this problem and the complexity of managing patients with diabetes, this requires continuous training to health care professionals in order to meet the needs of patients with diabetes in our state and region. This course also combines best practice strategies and education through case studies and lectures.

## TARGET AUDIENCE

Designed for individuals or groups of diabetes care and education specialists including RNs, RDs, Pharmacists, Physician Assistants, MDs, and other health care providers interested in staying up to date on current practices of care for people with diabetes and other related conditions.

## SESSION TOPICS

We've programmed a full day of topics relevant to a wide range of medical practices. They include promoting behavior change, exercise, technology, pharmacology updates, cardiovascular disease, practice management and diabetes and pregnancy.

## PLANNING COMMITTEE AND SPEAKER DISCLOSURES

In accordance with the ACCME Standards for Integrity and Independence, the Association of Diabetes Care & Education Specialists (ADCES) requires anyone in a position to affect or control continuing education content (e.g., authors, presenters, and program planners) to disclose all financial relationships with ineligible companies. It is the responsibility of ADCES to mitigate and disclose all relevant conflicts of interest. Disclosure of a relationship is not intended to suggest or condone bias in any presentation but is made to provide participants with information that might be of potential importance to their evaluation of the presentation.

Relevant disclosures (or lack thereof) among education activity planners and faculty are as follows:

### **Planning Committee:**

Niki Brooks, MSW, MHS, PA-C – No conflicts of interest

Kaely Jackson, RD/LD, CDCES – No conflicts of interest

Emily Jones, PhD, RNC-OB, FAHA, FPCNA – No conflicts of interest

Jodi Lavin-Tompkins MSN, RN, BC-ADM, CDCES – No conflicts of interest

Jonea Lim, MD – No conflicts of interest

Katherine O'Neal, PharmD, MBA, BCACP, CDCES, BC-ADM, AE-C, CLS – No conflicts of interest

Jeanie Trygggestad, MD – No conflicts of interest

### **Speakers:**

Soumya Adhikari, M.D. – No conflicts of interest

Tarun Dasari, M.D., M.P.H., F.A.C.C. – No conflicts of interest

Minu George, M.D. – Clinical Trials PI, Daichi Sankyo, Dexcom & PDC

Itivrita Goyal, M.D. – No conflicts of interest

Marisa Hilliard, Ph.D. – No conflicts of interest

Traci Bartley, L.C.S.W. – No conflicts of interest

Stephanie Pierce, M.D., M.S. – No conflicts of interest

Emma Punni, M.D. – No conflicts of interest

Christie Schumacher, Pharm.D., B.C.P.S., B.C.A.C.P., B.C.C.P., B.C.-A.D.M., C.D.C.E.S., F.C.C.P. – Speakers Bureau and Consultant, Abbott, Novo Nordisk & Dexcom

Jeanie Trygggestad, M.D. – No conflicts of interest

Dessi Zaharieva, Ph.D., C.D.C.E.S. – Advisory Board Member, Dexcom

**Disclosure and Mitigation of Relevant Conflicts of Interest:** All identified relevant conflicts of interest have been mitigated.

## HAROLD HAMM DIABETES CARE SUMMIT AGENDA

- 7:15 – 8:00 a.m. Registration, Breakfast and Exhibits
- 8:00 a.m. Welcome and Introductory Remarks
- 8:05 – 9:00 a.m. KEYNOTE | *Improving Care and Outcomes for Youth and Young Adults with Type 1 Diabetes with Strengths-Based Strategies and Resilience Promotion*  
Marisa Hilliard, Ph.D.
- 9:00 – 9:15 a.m. Break and Exhibits
- 9:15 – 11:15 a.m. CONCURRENT BREAKOUT SESSION I: **Diabetes & Pregnancy**  
Stephanie Pierce, M.D., M.S.  
Jeanie Tryggestad, M.D.
- CONCURRENT BREAKOUT SESSION II: **Pharmacology Update**  
Minu George, M.D.  
Emma Punni, M.D.
- 11:15 – 11:30 a.m. Break and Exhibits
- 11:30 – 12:15 p.m. KEYNOTE | *Navigating Strategies to Encourage Physical Activity in Individuals with Type 1 Diabetes*  
Dessi Zaharieva, Ph.D., C.D.C.E.S.
- 12:15 – 1:15 p.m. Lunch Buffet, Break and Exhibits
- 1:15 – 3:15 p.m. CONCURRENT BREAKOUT SESSION I: **Updates on Cardiovascular Outcome Trials**  
Tarun Dasari, M.D., M.P.H., F.A.C.C.  
Itivrita Goyal, M.D.
- CONCURRENT BREAKOUT SESSION II: **Practice Management**  
Soumya Adhikari, M.D.  
Traci Bartley, L.C.S.W.
- 3:15 – 3:30 p.m. Break and Exhibits
- 3:30 – 4:30 p.m. KEYNOTE | *Ours vs. Theirs: Professional vs. Personal CGM and How to Integrate CGM into Clinical Practice*  
Christie Schumacher, Pharm.D., B.C.P.S., B.C.A.C.P., B.C.C.P., B.C.-A.D.M., C.D.C.E.S., F.C.C.P.
- 4:30 p.m. Adjourn



## REGISTRATION FEE SCHEDULE

**Early Rate** (on or before July 26) / **Regular Rate** (July 27 – Aug. 26)

**\$199 / \$249** – Physicians

**\$149 / \$199** – All other Healthcare Professionals

**\$99** — Medical Trainees and Retirees (CME not included; discount expires July 26)

**CANCELLATION POLICY:** A refund, less \$50 administrative costs, will be provided upon written request on or before Friday, August 19, 2022. No refunds after August 19, 2022.

## LOCATION DETAILS



### EMBASSY SUITES HOTEL

Downtown/Medical Center 741 N. Phillips Ave, Oklahoma City, OK 73104

(405) 239-3900 | [Website](#)

Complimentary on-site parking anytime.

Please bring a jacket or sweater, as it is difficult to provide an auditorium temperature that is comfortable for everyone.

A block of rooms has been secured for SUMMIT attendees arriving Thursday, Aug. 25, at the discounted rate of \$134/night. Make your room reservation by phone (800-445-

8667) and inform the hotel that you are with the Harold Hamm Diabetes Care SUMMIT, to receive the discount. The supply of rooms is limited, and the offer expires Wednesday, July 27, 2022.

## SUCCESSFUL COMPLETION

To receive a Statement of Credit you must attend the entire **HHDC Summit**. Your Statement of Credit will be issued **electronically immediately upon submission of the evaluation form**. Contact Katie Hoefling at [Katie-Hoefling@ouhsc.edu](mailto:Katie-Hoefling@ouhsc.edu) with questions.

## PRESENTERS

**Soumya Adhikari, M.D.**, Associate Professor, Department of Pediatrics, Division of Endocrinology, UT Southwestern Medical School

**Tarun Dasari, M.D., M.P.H., F.A.C.C.**, Associate Professor, Department of Internal Medicine, Section of Cardiovascular Diseases, University of Oklahoma College of Medicine

**Minu George, M.D.**, Medical Director and Associate Professor, Harold Hamm Diabetes Center-Children's, Department of Pediatrics, Section of Diabetes and Endocrinology, University of Oklahoma College of Medicine

**Itivrita Goyal, M.D.**, Assistant Professor, Department of Internal Medicine, Section of Endocrinology and Diabetes, Harold Hamm Diabetes Center, University of Oklahoma College of Medicine

**Marisa Hilliard, Ph.D.**, Associate Professor, Department of Pediatrics, Division of Psychology, Baylor University College of Medicine and Texas Children's Hospital

## PRESENTERS, CONTINUED

**Traci Bartley, L.C.S.W.**, Director of Ambulatory Social Work, OU Health

**Stephanie Pierce, M.D., M.S.**, Assistant Professor, Department of Obstetrics & Gynecology, Section of Maternal-Fetal Medicine, University of Oklahoma College of Medicine

**Emma Punni, M.D.**, Assistant Professor, Department of Internal Medicine, Section of Endocrinology and Diabetes, Harold Hamm Diabetes Center, University of Oklahoma College of Medicine

**Christie Schumacher, Pharm.D., B.C.P.S., B.C.A.C.P., B.C.C.P., B.C.-A.D.M., C.D.C.E.S., F.C.C.P.**, Professor, Department of Pharmacy Practice, Midwestern University College of Pharmacy

**Jeanie Tryggestad, M.D.**, Assistant Professor, Harold Hamm Diabetes Center-Children's, Department of Pediatrics, Section of Diabetes and Endocrinology, University of Oklahoma College of Medicine

**Dessi Zaharieva, Ph.D., C.D.C.E.S.**, Instructor and Exercise Physiologist, Department of Pediatrics, Division of Endocrinology & Diabetes, Stanford University School of Medicine

## ACCREDITATION



In support of improving patient care, this activity has been planned by The Harold Hamm Diabetes Center and the Association of Diabetes Care & Education Specialists. The Association of Diabetes Care & Education Specialists is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 6.75 Interprofessional Continuing Education (IPCE) credits for learning and change.

### **Accreditation Council for Pharmacy Education**

The Universal Activity Number is pending. This knowledge-based activity has been approved for 6.75 contact hour(s)

### **American Medical Association (AMA)**

Association of Diabetes Care & Education Specialists designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **American Nurses Credentialing Center (ANCC)**

Association of Diabetes Care & Education Specialists designates this activity for a maximum of 6.75 ANCC contact hours. This activity discusses 2.12 contact hours of pharmacotherapeutic content.

The Association of Diabetes Care & Education Specialists is approved by the California Board of Registered Nursing, Provider Number 10977, for 6.75 contact hours. RNs must retain this document for 4 years after the activity concludes.



The Association of Diabetes Care & Education Specialists has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

**Commission on Dietetic Registration (CDR):** CDR Credentialed Practitioners will receive 6.75 Continuing Professional Education units (CPEUs) for completion of this activity. Completion of this RD/DTR profession-specific or IPCE activity awards CPEUs (One IPCE credit = One CPEU). If the activity is dietetics-related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (One 60 minute hour = 1 CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Performance Indicator selection is at the learner's discretion.

**Certified Diabetes Care and Education Specialists:** To satisfy the requirements for renewal of certification for the Certification Board for Diabetes Care and Education (CBDCE), continuing education activities must be diabetes related and approved by a provider on the CBDCE list of Approved Providers ([www.ncbde.org](http://www.ncbde.org)). CBDCE does not approve continuing education. The Association of Diabetes Care & Education Specialists is on the CBDCE list of Approved Providers.

### Other Health Professionals

It is the responsibility of each participant to determine if the program meets the criteria for re-licensure or recertification for their discipline.

### 2022 SUMMIT PLANNING COMMITTEE

Jonea Lim, M.D., Course Director  
Associate Professor  
Endocrinology and Diabetes Section  
Harold Hamm Diabetes Center  
University of Oklahoma College of Medicine

Niki Brooks, M.S.W., M.H.S., P.A.-C.  
Clinical Associate Professor  
Physician Assistant Program  
Oklahoma City University

Kaely Jackson, R.D./L.D., C.D.C.E.S.  
Dietitian and Diabetes Educator  
OU Health Adult Diabetes & Endocrinology Clinic  
Harold Hamm Diabetes Center  
University of Oklahoma College of Medicine

Emily Jones, Ph.D., R.N.C.-O.B., F.A.H.A., F.P.C.N.A.  
Associate Professor  
PhD Program Director  
Fran and Earl Ziegler College of Nursing  
University of Oklahoma College of Medicine

## 2022 SUMMIT PLANNING COMMITTEE, CONTINUED

Jodi Lavin-Tompkins M.S.N., R.N., B.C.-A.D.M., C.D.C.E.S.  
Director of Accreditation and Content  
Association of Diabetes Care & Education Specialists

Katherine O'Neal, Pharm.D., M.B.A., B.C.A.C.P., C.D.C.E.S., B.C.-A.D.M., A.E.-C., C.L.S., F.A.D.C.E.S.  
Associate Professor  
Ambulatory Care Degree Option, Co-Director  
Department of Clinical and Administrative Sciences  
University of Oklahoma College of Pharmacy  
Adjunct Associate Professor, University of Oklahoma College of Medicine  
Clinical Pharmacist, OU Physicians General Internal Medicine  
Diplomate, Accreditation Council for Clinical Lipidology

Jeanie Tryggestad, M.D.  
Associate Professor  
Paul and Ruth Jonas Chair  
Pediatric Diabetes and Endocrinology Section  
Harold Hamm Diabetes Center-Children's  
University of Oklahoma College of Medicine

## ACCOMMODATIONS STATEMENT

The University of Oklahoma Health Sciences Center fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have any special needs. For accommodations, contact Katie Hoefling at (405) 271-2824 or [katie-hoefling@ouhsc.edu](mailto:katie-hoefling@ouhsc.edu) as soon as possible.

## NONDISCRIMINATION STATEMENT

The University of Oklahoma, in compliance with all applicable federal and state laws and regulations does not discriminate on the basis of race, color, national origin, sex, sexual orientation, genetic information, gender identity, gender expression, age, religion, disability, political beliefs, or status as a veteran in any of its policies, practices, or procedures. This includes, but is not limited to: admissions, employment, financial aid, and educational services. [www.ou.edu/eoo](http://www.ou.edu/eoo)

For general information on the Diabetes Care SUMMIT, please contact Katie Hoefling, Harold Hamm Diabetes Center, Phone: (405) 271-2824 | Fax: (405) 271-2836 | [katie-hoefling@ouhsc.edu](mailto:katie-hoefling@ouhsc.edu)