



Identifying Self Neglect in the Aging Community

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**OKLAHOMA
Human Services**

**Community Living, Aging, &
Protective Services**

Objectives

- **Identify indicators of self-neglect**
- **Describe risk factors for self-neglect**
- **Identify resources for self-neglect**



**Long-Term Care
Investigations
(LTCI)**

**Adult Protective
Services**

**Community Adult
Protective Services
(CAPS)**

Why Should I Care About Self-Neglect?

Most common category of APS referrals

Substantiated more often than other types of maltreatment

1 out of 5 is reported

Types of Maltreatment

- Abuse
- Neglect
- Self-Neglect
- Caretaker Financial Exploitation
- Non-Caretaker Financial Exploitation
- Financial Neglect
- Abandonment
- Sexual Abuse
- Verbal Abuse
- Personal Degradation

Statistical Trends in Oklahoma

Oklahoma

- 31, 698 referrals received
- 23, 078 assigned
- 8, 418 self-neglect



Self-Neglect

... the action or inaction of a vulnerable adult which causes that person to fail to meet the essential requirements for physical or mental health and safety due to the vulnerable adult's lack of awareness, incompetence or incapacity.

Physical Indicators of Self-Neglect

- **Disheveled appearance**
- **Odors**
- **Lice**
- **Untreated sores including decubitus**
- **Dehydration or malnourishment**
- **Lack of or inappropriate use of medication**
- **Lethargy**

Environmental Indicators of Self-Neglect

- **Signs of hoarding**
- **Lack of utilities**
- **No access to water**
- **Unsafe living conditions**
- **Inadequate heating, cooling, or other environmental issues at home**



Profile of Individuals Who Self-Neglect

- Females and males
- Tend to be older
- Ambulatory issues

Impact of Self-Neglect



What Might Contribute to Self-Neglect?

- **Physiological/Biological/Health/Medical Conditions**
- **Financial issues**
- **Social factors**
- **Psychological factors**
- **Personal characteristics**

Risk Factors Associated with Self-Neglect

- **Cognitive impairment**
- **Depression or psychological distress**
- **Functional limitation**
- **Frailty**
- **Substance abuse**
- **Living alone**
- **Lack of social support/social isolation**

Risk Factors Associated with Self-Neglect cont.

- **Uninvolved primary caregiver**
- **Low income**
- **Failing to keep doctors' appointments**
- **Medication non-compliance**
- **Failing to follow plan of care**
- **Other mental illnesses**

Special Situations

Mental illness

Substance use disorder

Homelessness

Supporting Connectedness



- **Listen**
- **Watch for indicators**
- **Ask questions**
- **Reduce isolation**

Action Steps

- **Speak out**
- **Collaborate**
- **Educate**
- **Initiate changes**
- **Increase knowledge of available resources**
- **Promote resources**
- **Offer assistance**
- **Contact Adult Protective Services**



Duty to Report: Title 43A §10-104

- **Who – any person having reasonable cause**
- **When - as soon as person is aware of the situation**
- **Where – to APS or local law enforcement**

Mandatory Reporters: Title 43A §10-104

B. Persons required to make reports pursuant to this section shall include, but not be limited to:

- Physicians**
- Operators of emergency response vehicles and other medical professionals**
- Social workers and mental health professionals**
- Law enforcement officials**
- Staff of domestic violence programs**
- Long-term care facility personnel, including staff of nursing facilities, assisted living facilities, residential care facilities, and Veterans centers**

Mandatory Reporters: Title 43A §10-104 cont.

- **Job coaches, community service workers, and personal care assistants**
- **Other health care professionals**
- **Persons entering into transactions with a caretaker or other person who has assumed the role of financial management**
- **Staff of residential care facilities, group homes, or employment settings for person with DD**
- **Municipal employees**

Person Centered

- **Adults who retain decision-making capacity have the right to refuse any or all services**
- **Respect for choice, direction and control**
- **Encourage least restrictive environment**

Rights of Adults



- **Safety**
- **Civil rights**
- **Decision making**
- **Right to refuse**

APS Services Through Temporary Guardianship

APS can only provide involuntary services when:

- **the client lacks capacity to consent;**
- **there is no one else available to make appropriate decisions for the client; AND**
- **the client is at substantial risk of death or immediate and serious physical harm or financial exploitation of the estate**

APS Case Closure

- **Situation is remedied**
- **Circumstances are stable**
- **Client refuses services**

RESOURCES

Report to:

- **Public Portal**

[Abuseisnotok.org](https://abuseisnotok.org) (use Chrome)

- **Abuse & Neglect Hotline**

1-800-522-3511

- **Local law enforcement**

This is the portal for reporting suspected abuse, neglect, or exploitation of a vulnerable adult.

If you are making a report for a child, please contact the Abuse and Neglect Hotline at

1-800-522-3511

If this is an emergency, stop here and call 911.



This is the portal for reporting suspected abuse, neglect, or exploitation of a vulnerable adult. *If you are making a report for a child, please contact the Abuse and Neglect Hotline at 1-800-522-3511.*

You will be asked to fill out the following information:

- Your contact information (you may select to remain anonymous)
- Details about the incident that occurred
- Details about the person(s) involved in the incident including Alleged Victim(s), Alleged

Report Adult Abuse

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1. Your Details

Would you like to remain anonymous? *

- Yes
- No

*If you choose to stay Anonymous and we are unable to locate the Adult in question or contact you for validation, the case may not be able to be

The ADvantage Wavier Program

- case management
- personal care
- skilled-nursing
- home-delivered meals,
- specialized medical equipment and supplies
- prescription medications
- home modifications
- assisted living
- adult day health
- hospice
- remote supports
- assistive technology

Area Agencies on Aging (AAA)

- Congregate Meals
- Health Promotion
- Information & Assistance
- Legal Services
- Long-Term Care Ombudsman
- Nutrition Education
- Outreach
- Transportation
- Homemaker
- Home-Delivered Meals
- Home Repair
- Respite Services

Oklahoma Area Agencies on Aging

Planning and Service Areas

EODD* ●

**LTCA
of Enid** ●

INCOG ●

**Grand
Gateway** ●

EODD ●

Areawide ●

COEDD ●

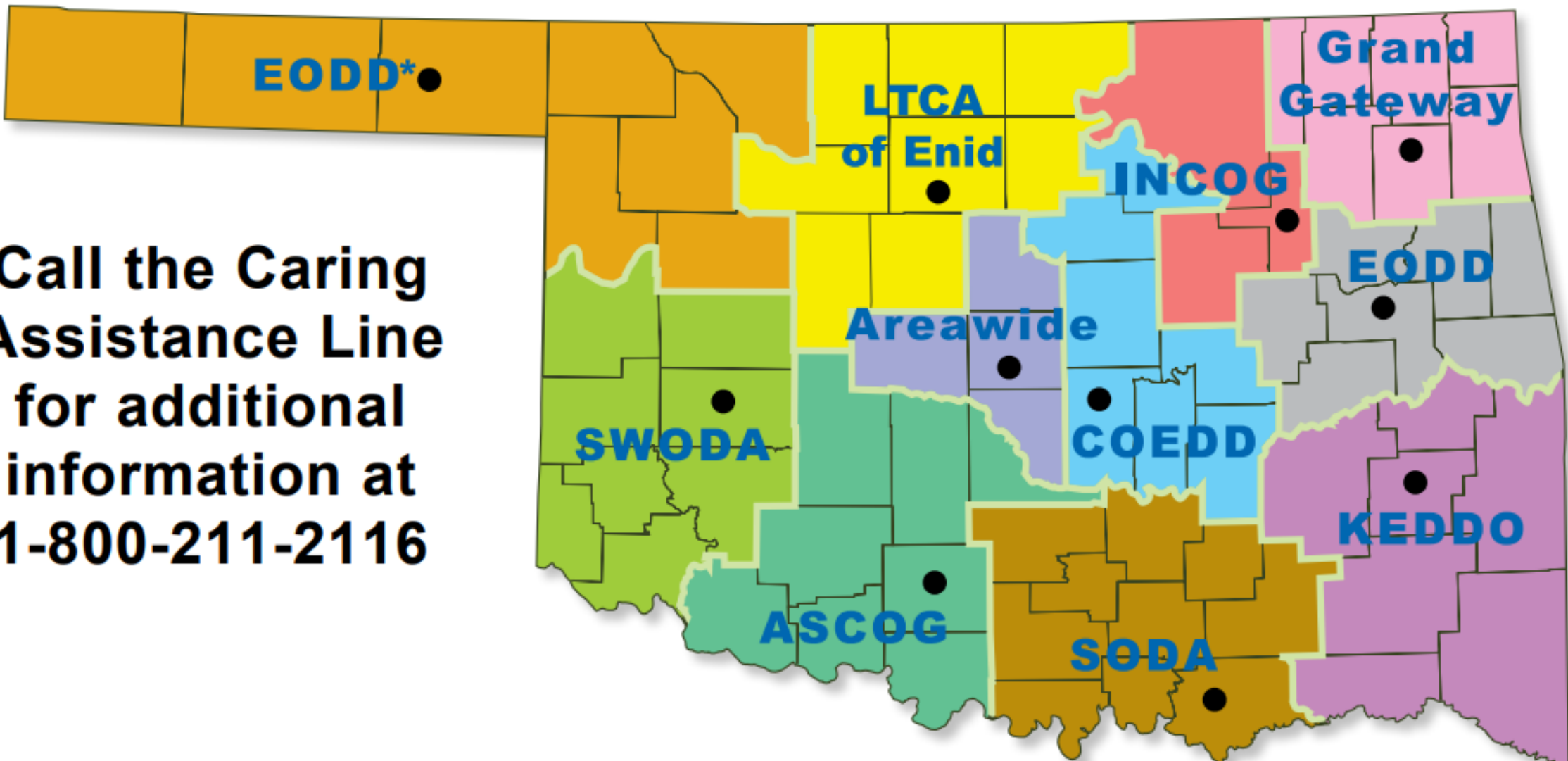
SWODA ●

KEDDO ●

ASCOG ●

SODA ●

**Call the Caring
Assistance Line
for additional
information at
1-800-211-2116**



The Program of All-Inclusive Care for the Elderly (PACE)

- Primary Care Provider
- Recreational Therapist
- Social Worker
- Dietitian
- Driver
- Home Care Liaison
- Nurse
- Physical Therapist
- Personal Care Attendants
- PACE Center Supervisor
- Occupational Therapist

The Program of All-Inclusive Care for the Elderly (PACE)

Valir PACE

Phone: 405-609-3688

Oklahoma City, OK

Email: pace@valir.com

Website: <https://www.valirpace.org/>

Life PACE

Phone: 918-949-9969

Tulsa, OK

Email: intake@lifeseniorservices.org

Website: <https://www.lifepace.org/>

Cherokee Elder Care PACE

Phone: 918-453-5554

Tahlequah, OK

Website: <https://eldercare.cherokee.org/>



Questions