## **U**Health

# Measles Vaccine Options: 6 MONTHS VS. 12 MONTHS

The measles vaccine is important for keeping kids safe from the measles virus. Learn more about the options and considerations for giving the vaccine at 6 months or 12 months old. The best time to vaccinate depends on things like travel plans and local outbreaks. Both options help protect children from measles and keep them healthy.

#### **EARLY PROTECTION**

Babies aged 6 to 11 months can get an early dose of the MMR (measles, mumps, rubella) vaccine, especially if they are at high risk, like during an outbreak or before traveling internationally.

#### **TEMPORARY IMMUNITY**

This dose provides temporary protection and is not counted as part of the routine vaccination series.

#### **FOLLOW-UP DOSES**

Babies who get the early dose of the MMR vaccine will still need the regular two doses: one at 12-15 months and another at 4-6 years.



#### **ROUTINE VACCINATION**

The first dose of the MMR vaccine is recommended at 12-15 months of age.

#### **HIGH EFFICACY**

A dose given after 12 months results in immunity in approximately 93% of children.

#### **LONG-TERM PROTECTION**

The second dose, given between 4-6 years, boosts immunity to about 97%.

## **KEY CONSIDERATIONS**



### TRAVEL AND **OUTBREAKS**

Infants traveling internationally or during a local outbreak should receive the early dose at 6 months.



## **ROUTINE SCHEDULE**

For most children, the routine schedule starting at 12 months is sufficient and provides long-term protection.



## **CONSULT YOUR** PRIMARY CARE PROVIDER

Always talk to your healthcare provider to find the best vaccination schedule for your child based on their specific situation and health needs.