HR Basics for Success

Senior Living & Long-Term Care — Oklahoma (Present Environment)

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Agenda

- Oklahoma landscape & demographics
- Regulatory & funding context
- Workforce realities: staffing + retention
- HR core practices for compliance & quality
- Recruitment, training, and culture strategies
- Technology, partnerships, and operations
- Case study (example & lessons)
- Action plan & checklist

Oklahoma Snapshot (Demographics & Demand)

- By 2030, nearly 1 in 5 Oklahomans will be over age 65.
- Oklahoma's rural population makes staffing and care access difficult.
- Senior living and LTC demand is projected to outpace available beds in some regions.

Regulatory Environment — State & Federal

- State: OK Dept. of Health regulates LTC under Chapters 663 & 675.
- Federal: CMS mandates compliance, staffing, QAPI, reporting.
- Current: Federal staffing mandate challenged; state rules remain active.

Funding & Reimbursement Realities

- Medicaid (SoonerCare) pays most residents but often below cost.
- Facilities rely on state quality fees & appropriations.
- Tight margins limit competitive wages.

Workforce Reality: Shortages & Turnover

- Average CNA turnover exceeds 40% annually in Oklahoma.
- Rural areas face CNA and LPN/LVN shortages.
- Competition from hospitals & traveling nurse agencies worsens challenges.

Core HR Priorities for Success

- Compliance-first policies and documentation.
- Strategic workforce planning.
- Competitive pay/benefits.
- Robust onboarding & training.
- Culture of recognition & inclusion.

Recruitment Tactics That Work in Oklahoma

- Partnerships with CNA/nursing programs.
- Sponsor CNA courses or stipends.
- Showcase career growth opportunities.
- Use referral bonuses & flexible schedules.

Retention & Development Strategies

- Mentorship/preceptor programs.
- Pay ladders tied to certifications.
- Micro-learning & CE options.
- Regular recognition programs.
- Culture survey's must be brief and regularly scheduled.

Compliance, Safety, and Quality HR Practices

- Accurate personnel files, licensure tracking.
- Promote Just Culture & error reporting.
- Mock surveys for readiness.
- Update infection & emergency policies.

Technology & Operational Supports

- Scheduling software reduces agency/overtime.
- E-learning platforms track training.
- Dashboards monitor staffing, turnover, compliance.

Community & Payer Partnerships

- Partner with hospitals for care transitions.
- Use workforce boards & grants.
- Involve families & ombudsman programs early.

Action Plan & 90-Day Checklist

- First 30 days: Audit files, review gaps.
- ▶ 30-60 days: Launch recruitment, adjust pay, recognition program.
- 60-90 days: Mentorship, pilot scheduling tech, dashboard reporting.

KPIs & Dashboard Suggestions

- Turnover rate (by role).
- Vacancy rate & time-to-fill.
- Overtime/agency spend.
- Training completion compliance.
- Resident satisfaction & survey citations.

Resources & Next Steps

- Oklahoma State Dept. of Health LTC rules.
- SoonerCare/Medicaid contacts.
- Local workforce boards & education partners.
- OKALA membership, and plug in to this community
- Some reading for you "Inspire Greatness" by Matt Tenney
- SHRM Society for Human Resources Management
- ChatGPT, Claude, and other AI resources can be invaluable - job descriptions, policies, culture survey questions, coaching tools - but be careful! Have a reliable review source for more complicated matters.

Questions?

End

▶ Thank you —

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Call to action: approve pilot, fund recruitment, schedule workshop. Whether you've decided to approve bringing HR into your community on an FTE basis and you're going to pursue that, your going to create a brief culture survey for your community to working on the engagement of your employees, or you're going to build our a plan to create a red carpet onboarding experience. Pick something that you feel will best serve your residents, and set it in motion today!