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Areawide Aging Agency 405-942-8500

# What is the Older Americans Act (OAA)?



- Passed by Congress in 1965, OAA was the first federal level initiative aimed at providing comprehensive services for older adults.
- Title III provides federal funding for State Agencies on Aging

# What is the Older Americans Act?

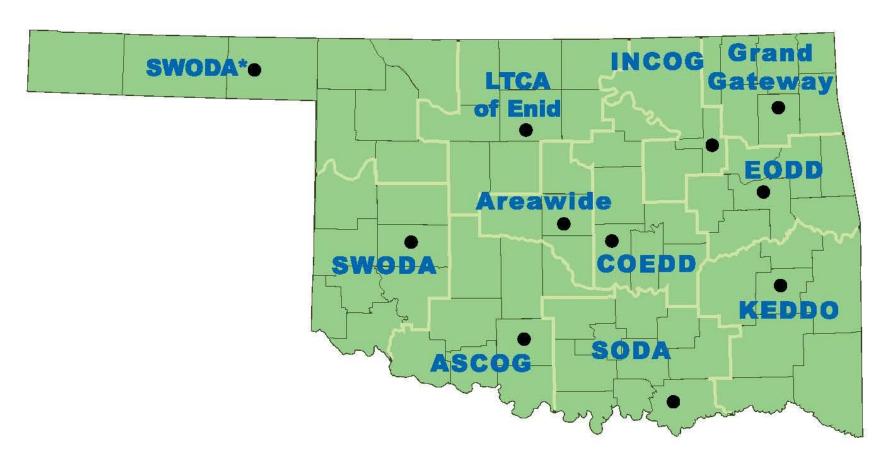
Older Americans Act services are offered to older Oklahomans to avoid placement in nursing home facilities and to live independently in their homes.

The 11 Area Agencies on Aging (AAA) help local communities provide OAA services by contracting and fund local agencies to provide services to older adults. The AAA's target resources to meet the needs of older adults with greatest economic or social need, with particular emphasis on:

- low income;
- minority persons;
- > persons residing in rural or isolated areas;
- > persons with severe disabilities;
- persons with limited English proficiency;
- persons at risk for institutional placement;
- > persons with Alzheimer's disease and related disorders with neurological and organic brain dysfunction and the caretakers of such persons

#### Oklahoma Area Agencies on Aging

**Planning and Service Areas** 



# Who is eligible?

- ➤ Oklahomans who are 60 years or older
- ➤ No verification of income or resources is necessary
- ➤ Services are provided at no cost to the participant, but donations are gladly accepted
- > Caregiver services for those caring for someone 60 and older
- ➤ Services for grandparents 55+ raising a relative child 18 and under or who has a disability

#### All AAAs offer five core services under the OAA:

NUTRITION





HEALTH & WELLNESS



#### **ELDER RIGHTS**

includes abuse prevention and long-term care ombudsman programs



OAA CORE SERVICES



### SUPPORTIVE SERVICES

Information and referral
In-home services
Homemaker & chore services
Transportation
Case management
Home modification
Legal services

# Supportive Services

Information and Assistance

Legal Services

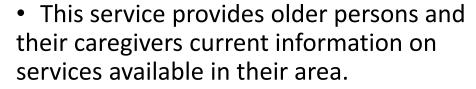
Transportation

Homemaker



## Information & Assistance





• Assistance was provided for durable medical equipment, hearing aids, home repair and wheelchair ramps, and dentures.

Service	Seniors
Phone Calls	5,508



#### **Provider**

Areawide Aging Agency – 3 staff members

## Legal Services



- Legal Services includes legal representation, counseling and advise under the supervision of an attorney.
- Legal education presentations at meal sites, churches and senior centers. Topics include scams, wills and landlord issues.

Services	Hours of Service
Seniors who received legal assistance	4,340











# Transportation

# Transportation

- Transportation to medical appointments, congregate meal sites, grocery and drug stores.
- Units are counted as one-way trips.

Service	Seniors	Rides
Transportation in FY 22	1,290	37,831



#### **Providers**

Aging Services Inc of Cleveland County

EMBARK – serving Canadian and Oklahoma Counties

Logan County Aging Services

# Homemaker



- Homemaker services allow frail older individuals to live independently at home.
- Tasks include light housekeeping such as dusting, sweeping, laundry, changing linens, etc.
- These services were suspended in FY21 due to the pandemic but started back up again the summer of 2022.

#### **Providers**

Aging Services Inc of Cleveland County
Sodexo Senior Nutrition Program – Oklahoma
and Logan County









Home Delivered

Home Delivered

Congregate



# Congregate and Home Delivered Meals

Services	Seniors	Meals
Number of Seniors and Meals Served in FY22	6,736	484,898

- Meals are provided 5 days a week
- 1/3 of the recommended dietary allowance, as established by the Food and Nutrition Board of the National Academy of Sciences
- Home Delivered Meals
  - Assessment process completed by Outreach Staff
    - In-Home and/or Phone
    - Assessed for eligibility determining if a senior is homebound
      - ADLs & IADLs
      - Nutrition Questionnaire



#### **Providers**

Aging Services Inc of Cleveland County

Sodexo Senior Nutrition Program – Serving Oklahoma, Canadian, and Logan Counties



Respite Care Support Groups





# Respite Care and Support Groups

• Services include providing caregivers a brief period of relief or rest. Providing support for caregivers by assisting them with information on resources and services available and giving them a place to relate with other caregivers in a support group.

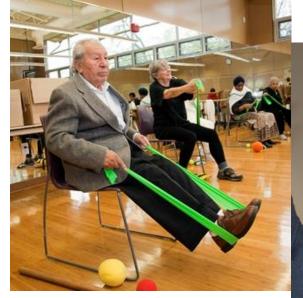
Service	Caregivers
Respite and support groups	359



#### Providers

Aging Services Inc of Cleveland County

# Health Promotion





- Health promotion allows seniors to take control of their own healthrelated issues through evidencebased health programs.
- During the pandemic, classes were held virtually.

Service	Seniors	Classes
Health classes	163	3,599

#### Provider

Center for Active Living and Learning at the University of Central Oklahoma





# Ombudsman



Facilities 152

#### **Long Term Care Residents Have Rights**

- Ample fluid within easy reach
- Examine Medical Records
- Appropriate Health Care
- Health Department survey results
- Choice of Physician
- Sufficient staff for quality care
- Receive proper assistance devices
- Security of personal belongings
- Send and Receive unopened mail
- Choice of routine activities
- Adequate lighting for room activities
- No physical or chemical restraints
- To refuse medical treatment
- Free from physical and mental abuse

#### **Provider**

Areawide Aging Agency – 7 staff members

# Partnerships with other agencies to better serve our senior citizens.

- Full Circle Adult Day Center
- Daily Living Center
- City of Edmond
- Senior Citizens of El Reno
- Valir PACE
- Metropolitan Better Living Center
- Dale Robertson Center in Yukon
- Rebuilding Together
- Embark
- Legal Aid Services of Oklahoma
- Meals on Wheels OKC
- Aging Services Inc of Cleveland County

- Sodexo Senior Nutrition Program
- Center for Active Living & Learning UCO
- NewView
- John W. Keys Speech and Hearing Center
- OG&E
- Neighborhood Services Organization



#### Areawide Aging Agency

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