

Connecting with Residents, Resident's Families, and Fellow Team Members

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About Connection in Long Term Care

Building strong connections in long-term care communities is essential for creating a supportive and engaging environment. Here are some strategies to help connect with residents, families, and staff:



Connection Methods



How Do you connect?



What are Some Strategies?



Residents

1. Regular Interaction
2. Personalized Activities
3. Feedback Channels
4. Celebrations:



Families

1. Open Communication.
2. Family Events
3. Support Groups
4. Feedback Surveys:



Teammates

1. Team Building
2. Training & Development
3. Recognition
4. Open Forums

The Awesomeness of Connection

- ✓ Meaningful Experiences
- ✓ Ability to Tailor Activities and Abilities
- ✓ Creates Feedback Loops
- ✓ Promotes Genuineness and Authenticity as People



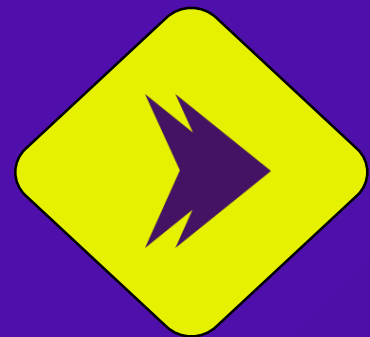
INNOVATIVE IDEAS

✓ VR Social Spaces

✓ AI Powered Language

✓ Community Skill Sharing





Agree or Disagree



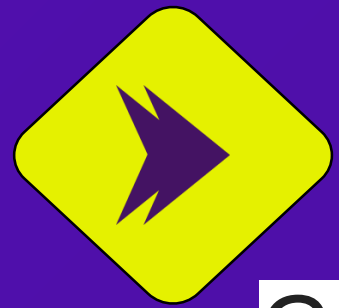
Agree



Disagree

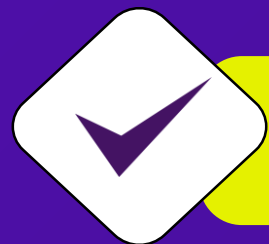


Let's Vote!



Case Study

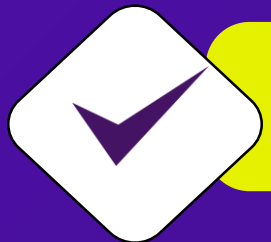
Greenfield Senior Living Facility faced challenges in effectively communicating with their elderly residents. Many residents felt isolated and misunderstood, which impacted their overall well-being.



Surveys



**Family
Observations**



Technology

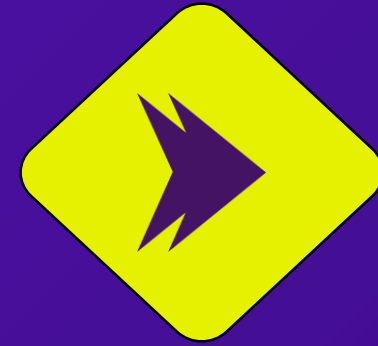


Training Programs



Recreational Activities





Connecting Principles

Open and honest conversation promotes connection. The environment must be mutually acceptable and both parties need to be in the correct frame of mind to find resolution.



Active Listening



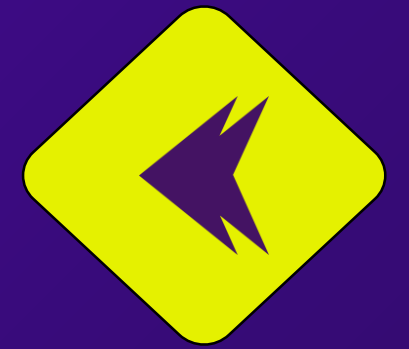
Empathy



Conflict Resolution/Handling Feelings



Movement / Exercise and the Mind



Dopamine
Shifts for
ALL!



They found that **exercise** results in a wide range of benefits for older adults including improved strength and balance, reduced risk of falling, improved independence and quality of life, better sleep, and improved cognition and mood.

Quote from Psychology Today

Example



At a facility in Oklahoma, a resident named Jeanine, who had been a school teacher, was struggling with feelings of loneliness and a lack of purpose. The staff noticed her background in education and decided to create a mentorship program where Jeanine could share her knowledge and experiences with younger staff members and volunteers.

They set up regular sessions where Jeanine would teach various subjects, from history to literature, and share her life stories. This not only gave Jeanine a renewed sense of purpose but also helped her form meaningful connections with the staff and volunteers. The younger staff members found her stories and lessons incredibly valuable, and they developed a deep respect and affection for her.

This initiative transformed Jeanine's experience at the facility, significantly improving her mental and emotional well-being. It also fostered a sense of community and mutual respect among the residents and staff, making the facility a more vibrant and supportive place for everyone¹.



Our Best Care Teams Do This for Connection



Interaction



Empathy






Feedback

Contact Me

It's Been My Pleasure
to Learn With You
Today



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